

# Anthroposophic Medical Grand Rounds

Research Updates for Core Therapeutic Topics:  
English-language, online, worldwide

## What is the Special Role of Warmth in Healthcare and Healing?

Wednesday, 21 May 2025

### With special presentations from:

- Marion Debus | Switzerland: "Fascinating Recent Research Studies about Warmth – an Overview"
- Natalie Hurst | Germany: „Innovative Approaches with Rhythmical Einreibung and 'Warmth-Breathing' – the Special Needs of the Low Birthweight Infant"
- Adam Blanning | United States: "Why Do We Think Human Body Temperatures are Dropping?"

Live conversation, with introduction, then break-out groups – join in discussion with colleagues from around the world!

**Join us for the live presentation at 1600–1800 Central European time**

2100-2300 ICT (Bangkok)

1930-2130 IST (Delhi)

1700-1900 MSK (Saint Petersburg)

1500-1700 GMT (London)

1100-1300 BRT (São Paulo)

1000-1200 EDT (New York)

0700-0900 PDT (San Francisco)

**There is no cost to join this first session and everyone is welcome, but you must register in order to receive the zoom link!**

[Registration here!](#) or:



**Can't participate in the live session?** Information for accessing the recording will be sent after the presentations to everyone who has registered (recording will be available for four weeks).

**Help us keep this continuing education activity cost-free! Support this important initiative by making a donation (of any size) [here](#) or:**



Kind regards  
Adam Blanning MD

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Mark you calendars! Join us again next year, Wednesdays 15 October, 2025, 18 February and 13 May 2026.