

# Body and I

The Immune System  
and Autoimmune Disease

Specialist  
Conference  
Dentistry

6th International  
Congress of  
Anthroposophical  
Dentistry

12–17  
September 2023  
at the Goetheanum

International Annual Conference  
of the Medical Section



Anthroposophic  
Medicine

## Programme

Wednesday, 12 Sept		Thursday, 13 Sept		Friday, 14 Sept		Saturday, 16 Sept		Sunday, 17 Sept	
		08.15 Artistic and meditative prelude	08.15 Artistic and meditative prelude	08.15 Artistic and meditative prelude	08.15 Artistic and meditative prelude	08.15 Artistic and meditative prelude	08.15 Artistic and meditative prelude	08.15 Artistic and meditative prelude	08.15 Artistic and meditative prelude
		09.15 Specialist conferences	09.15 Specialist conferences	09.15 Specialist conferences	09.15 Class lesson and workshops	09.15 Case presentations on autoimmune diseases	09.15 Case presentations on autoimmune diseases	09.15 Case presentations on autoimmune diseases	09.15 Case presentations on autoimmune diseases
		10.30 Coffee break	10.30 Coffee break	10.30 Coffee break	10.30 Coffee break	10.30 Coffee break	10.30 Coffee break	10.30 Coffee break	10.30 Coffee break
		11.15 Specialist conferences	11.15 Specialist conferences	11.15 Turning to the future: Rudolf Steiner and Ita Wegman in Paumotu in August 1923 Lecture by Peter Seig	11.15 Workshops 2	11.15 Workshops 2	11.15 Workshops 2	11.15 Fruit of the past - seed for the future Closing lecture by Marion Debus, Karin Michael, Adam Blanning The Foundation Stone in eurhythmy Goetheanum Eurythmy Ensemble	11.15 Fruit of the past - seed for the future Closing lecture by Marion Debus, Karin Michael, Adam Blanning The Foundation Stone in eurhythmy Goetheanum Eurythmy Ensemble
		12.30 Lunch break	12.30 Lunch break	12.30 Lunch break	12.30 Lunch break	12.30 Lunch break	12.30 Lunch break	12.30 Lunch break	12.45 End
<b>Specialist conferences</b>									
15.00 Joint start of the conference Welcome Mathias Grike, Georg Sölder Formation of the body - an instrument of destiny Lecture by Karin Michael, Marion Debus	15.00 Specialist conferences	15.00 "It is the spirit that builds the body" - The action of the I-organisation Lecture by Mathias Grike	15.00 Development of the immune system and autoimmune diseases Lecture by Georg Sölder, Markus Sommer	15.00 Handover of the Section leadership World Group, KAM					
<b>Spiritual deepening</b>									
<b>Multiprofessional conference</b>									
<b>16.30 Coffee break</b>									
<b>17.15 Specialist conferences</b>									
<b>18.30 Evening break</b>									
<b>20.00 When the body turns alien</b> Eurythmy therapy Katharina Gerlach Psychotherapy and massage as developed by Dr-Simeon Pressel Thea Friemel Famling therapy Bernadette Collmer Conclusion with eurhythmy Ends 21.00									
<b>20.00 How the body becomes familiar</b> The embryonic envelopes Natalie Hurst Birth Daniela Zahl Embodiment in childhood and adolescence Jan Vagedes Conclusion with eurhythmy Ends 21.00									
<b>20.00 Welcoming the unborn - Farwell to the deceased</b> Anne-Grith Göbel-Wirfh Commemoration of the dead Mathias Grike Conclusion with eurhythmy Ends 21.00									
<b>20.00 Recovering the I through writing - Jorge Semprun 1923-2011</b> The experience of Buchenwald concentration camp and coming to terms with it through art Lecture by Christiane Hald Conclusion with eurhythmy Ends 21.00									
<b>20.00 Wespuren</b> Eurythmy performance by the Goetheanum Eurythmy Ensemble Ends 21.00									
<b>21.15 Terrace festival</b>									

## 6th International Congress of Anthroposophical Dentistry

### Oral health and immune system

We look forward with great pleasure to welcoming the participants at the 6th International Congress of Anthroposophical Dentistry.

On this occasion it will have a different format from the previous ones. The event will take place at the Goetheanum in Dornach, Switzerland, as part of the annual conference of the Medical Section of the School of Spiritual Science.

The scientific program for the dentists will have lectures by distinguished professionals from different countries.

It will be a memorable meeting: dentists, physicians and other anthroposophical healthcare professionals in joint activity at the Goetheanum as part of the commemoration of 100 years of the Christmas Conference (1923-2023), holding the 6th International Congress of Anthroposophical Dentistry.

The main theme will be the relationship between oral health and the immune system.

The lectures will be of interest to dentists, as well as physicians and therapists in general, with

content that will make a positive difference in daily personal and professional life.

“Anthroposophical dentistry expands the understanding of the forces that simultaneously form nature, the human being and the teeth, providing a basis for more comprehensive therapies.”

In anthroposophical dentistry we see each patient as a being on an evolutionary path requiring integrative treatment also in relation to oral care.

We invite everyone to this unique event. We will exchange experiences and establish a healthy, scientific and practical dialogue about anthroposophical dentistry in its current situation and stage of development in different countries around the world.

Together we will strengthen the knowledge already acquired on this journey; we will improve, build or renew the connections between us, making our friendship stronger.

We look forward to seeing you.

*Celia Lulo, Alessandro Vannini, Juliana García,  
Camila Contreras, Stefano Milani*

Conference language  
EN

### 12 Sept – Tuesday

**15.00** Joint start of the conference

**Welcome**

*Matthias Girke, Georg Soldner*

**Formation of the body – an instrument of destiny**

*Lecture Karin Michael,*

*Marion Debus*

**16.30** Coffee break

**17.15** Germany

**Fear and how to overcome it in dentistry**

*Rudolf Völker*

**Periodontitis and diabetes – a look from the point of view of the fourfold human organisation**

*Martin Zimmermann*

**18.30** Evening break

**20.00** For all specialist conferences

**When the body turns alien**

*Eurythmy therapy*

*Katharina Gerlach*

**Psychotherapy and massage as developed by Dr Simeon Pressel**

*Thea Friemel*

**Painting therapy**

*Bernadette Gollmer*

**Conclusion with eurythmy**

### 13 Sept – Wednesday

**08.15** Setting the mood for the day

**09.15** Chile

**“Molar incisor hypomineralisation”**

*Ana Maria Toro*

**The oral cavity, an important site of immunological surveillance**

*Nair da Fonseca*

**10.30** Coffee break

**11.15** Argentina

**Development of teeth and jaws: reflex of the organisation of the self**

*Fabiola Limardo*

**Surgical clinical case, treated under an anthroposophic dental approach and use of dynamic natural medication**

*Miguel Facal*

**12.30** Lunch break

**15.00** Spain

**Strengthening the self through active subtle perception of dental contacts and balanced dental occlusion**

*Dolores López del Jesús*

**Effect of light and oxygen as physical-chemical agents over the structure of matter**

*Judith Ghelfo*

**16.30** Coffee break

**17.15** France

**Immunity and Mars' strength**

*Leandro Caubet*

**Twins: Individuality, immunity and autoimmune diseases – oral and dental manifestations**

*Olivier Coutris*

**18.30** Evening break

**20.00** For all specialist conferences

**The Body and I**

**The embryonic envelopes**

*Natalie Hurst*

**Birth**

*Daniela Zahl*

**How an individuality embodies**

*Jan Vagedes*

**Conclusion with eurythmy**

### 14 Sept – Thursday

**08.15** Setting the mood for the day

**09.15** Italy

**Missing teeth and cognitive disease**

*Stefano Milani*

**Relationship between teeth and cognitive functions: the second dentition**

*Alessandro Vannini*

**10.30** Coffee break

**11.15** Brasil

**Dental treatments from an anthroposophical view**

*Celia Lulo, Leonardo Figueiredo*

**12.30** Lunch break

Registration

<https://goetheanum.ch/en/events/ms-jahreskonferenz>