



International Anthroposophic Medicine
Research Conference

Developments, perspectives and strategies

9 – 11 March 2018

Medical Section

Goetheanum

Dear Friends,

The development of Anthroposophic Medicine (AM) Research shows considerable dynamics: an increasing amount of research results; many publications; highly qualified researchers; growing academic implementations; funding also through public sources; large trials and more being prepared; extensive real-world studies; exciting preclinical research results; solid and replicated evidence for effects of high potency substances; methods for whole system research and individualized medicine research; potential breakthrough topics; research into the conceptual basis of AM; a consensus-based research strategy; and a highly cooperative spirit among the researchers.

We believe a major step into new dimensions can be taken: towards an AM research that will become generally visible in the medical world, with public impact and with potential to become a ferment for future developments in medicine.

We also believe that a shared awareness of these potentials would be supportive to make them a future reality. Therefore, with this conference we want to bring together all stakeholders: AM researchers, representatives of foundations, of pharmaceutical industry, of physician and therapist organizations, political active ones, and all of those – in Europe and worldwide – who have interest in AM research and in its future development.

AM researchers are invited to present from their own research

- **results** (of projects, of institutionalisations, of social achievements, etc.)
- **their relevance** (scientifically, medically, socially)
- **their future potentials** (for developments in AM, medicine in general, science, and society)

The presentations will not only be from researchers to researchers, but also addressing the other stakeholders, and some of these (e.g. representatives of physician, therapist and patient organizations, of industry and foundations) will also present or participate. All lecturers are asked – even when reporting on activities from their own institutions – to focus on **topics** to which they are specifically dedicated.

This conference is an attempt

- to create, among all stakeholders and interested participants, a common awareness of the present AM research developments and their relevance and future potentials;
- to develop perspectives of how to further enhance our scientific competences, our abilities to find the crucial research questions, and to build up collaborating networks;
- to contribute to an overall future atmosphere in which scientific and new financial resources will have chances to meet.

We hope the conference will be a source of optimism, encouragement and warmth for all who will engage in developing and supporting future AM research.

Matthias Girke, Helmut Kiene, Gunver S. Kienle, David Martin, Georg Soldner, Jan Vagedes

14.30 **Opening**

Welcome and Introduction

(including presentation of organization team, and overall presentation of participants)

Matthias Girke and Georg Soldner

OVERVIEW AND EXAMPLES OF CURRENT ANTHROPOSOPHIC MEDICINE RESEARCH

TRIALS, TREATMENT PROGRAMS, INSTITUTIONS, EXPERIMENTS AND IDEAS

Moderated by Matthias Girke

14.40 **Developments, Perspectives and Strategies in Anthroposophic Medicine Research**

Gunver Kienle (Germany)

15.25 **Randomized Clinical Trial on Mistletoe Therapy of Advanced Pancreatic Cancer at Karolinska University Hospital and other Swedish cancer Centers**

Kathrin Wode (Sweden)

15.50 **Treating and Investigating Patients with Chronic Pain Syndrome in Ambulant UK Care**

David McGavin (United Kingdom)

16.15 **Coffee Break - possibilities for informal conversation and exchange**

Moderated by Jan Vagedes

17.00 **The Gerhard Kienle Chair - Looking into the Future**

David Martin (Germany), Arndt Büssing (Germany), Bettina Berger (Germany)

17.40 **Integrative Pediatric Research**

Alfred Längler (Germany), Tycho Zuzak (Germany)

17.55 **Perspectives - Research and Development in Anthroposophic Pediatrics**

Georg Seifert (Germany)

18.10 **Preclinical Investigation of Potentized Preparations**

Stephan Baumgartner (Switzerland)

18.35 **Research in Dermatology - from Anthroposophy to Bench and Bedside**

Christoph Schempp (Germany), Ute Wölfle (Germany)

19.30 **Get together – Dinner**

Invitation of the Medical Section for all participants

HIGHLIGHTING AM RESEARCH. RESULTS, RELEVANCE, FUTURE POTENTIALS

Moderated by Helmut Kiene

- 08.30 **From Health Registry to Existential Genomics Research – Anthroposophical Integrative Health Care in Sweden**
Torkel Falkenberg (Sweden)
- 09.00 **Pharmacovigilance, Health Care Research**
Harald Matthes (Germany)
- A Multimodal Intervention for Cancer-Related Fatigue in Breast Cancer Survivors – Potential and Perspectives**
Matthias Kröz (Germany)
- Network Oncology - A Health Service Research Project in Anthroposophic-Integrative Oncology. Status and Perspectives**
Friedemann Schad (Germany)

09.40 *Short Break*

- 09.50 **Anthroposophic Medicine Research Projects Dealing with hot Topics in Primary Care (Antimicrobial Resistance, Costs, ..)**
Erik Baars (Netherlands)
- 10.05 **A Pleasing and Encouraging Example for Research from the Professorship for Anthroposophically Extended Medicine at the University of Bern**
Ursula Wolf (Switzerland)
- 10.20 **Experimental and Clinical Research on the Anthroposophic Image of the Human Being: Warmth, External Applications**
Jan Vagedes (Germany)
- 10.35 **Immunological Research with Medications from Anthroposophic Medicine**
Carsten Gründemann (Germany)

10.50 *Coffee Break - possibilities for informal conversation and exchange*

Moderated by Peter Heusser

- 11.15 **Presentation of Research on the Website of the Medical Section / Communication**
Heike Sommer, Georg Soldner
- 11.30 **Clinic Arlesheim – Research and Development Highlights in Anthroposophic Medicine**
Daniel Krüerke (Switzerland), Ana Paula Simões-Wüst (Switzerland)
Maurice Orange (Switzerland)
- 11.45 **Anthroposophic Medications and Women's Health: Chances and Challenges in an University Environment**
Ana Paula Simões-Wüst (Switzerland)

Saturday, 10 March

12.00 **Research from Anthroposophic Pharmaceutical Industry – Current Studies, Phytopharmacological Research, etc. – Present Developments in Research**
Weleda (Aldo Ammendola), WALA (Florian Stinzing), Abnoba (Gero Leneweit)
Helixor (Oliver Dehus), Iscador (Stephan Baumgartner)

13.20 *Lunch (if booked in the application form)*

14.45 **Working groups**

1. How to Close the Politics/Research-Gap

Establishing quick mutual information flow and support strategies to be asked.

Thomas Breitzkreuz (Germany)

2. From Research Strategy to Financing Strategy.

Ursula Wolf (Switzerland), Paschen von Flotow (Germany)

3. Strategies for Promoting Young Academics

Roman Huber (Germany)

4. To enhance the Public Visibility of Anthroposophic Medicine Research

Heike Sommer, Georg Soldner, Gregor Neunert (Germany), Marion Debus (Switzerland)

5. Support of Health Enhancement and Self-Management-Abilities of Patients with Chronic Diseases as an Important Task of Anthroposophic Medicine

Bettina Berger (Germany)

6. Case Reporting

Gunver Kienle (Germany)

7. Saluto- and Hygiogenetic EvAluation of Patient-Reported Outcome Group (S-HEAL) – Aims and Perspectives

Matthias Kröz (Germany), Erik Baars (Netherlands)

16.00 *Coffee Break - possibilities for informal conversation and exchange*

Short overview about reported research activities worldwide

Moderated by Erik Baars

16.30 **Introduction**

Erik Baars (Netherlands)

16.35 **Research in South America - Iberoamerican Case Report Collaboration for the CARE Topics**

Yvan Villegas (Peru)

16.50 **Anthroposophic Medicine Research in Brazil**

Nilo Gardin (Brazil)

17.05 **Anthroposophic Medicine Research in India**

Ravi M. (India)

17.20 **Anthroposophic Medicine Research in Hungary**
Henrik Szőke (Hungary)

17.35 *Short Break*

17.45 **CPAK Study: Anthroposophic vs. Conventional Treatment for Early Rheumatoid Arthritis**
Harald J. Hamre (Germany)

18.00 **Research in Art Therapy: Where we are. Where we want to go.**
Harald Gruber (Germany)

18.15 **Student Centered Education for a Patient Centered Medicine - a Proposal for Anthroposophic Medical Education**
Christian Scheffer (Germany), Friedrich Edelhäuser (Germany)

18.30 *Dinner (if booked in the application form)*

20.00 **Open Dialogue: Anthroposophic Concepts of Man and Nature
Science Base and Importance for the Development of Anthroposophic Medicine
Research**
Matthias Girke, Peter Heusser (Germany), Helmut Kiene (Germany)
Moderated by Jan Vagedes

IMPLEMENTING AM RESEARCH INTO MODERN SOCIETY

Moderated by Gunver Kienle

- 08.30 **Presentation of the Results from the Working Groups and Plenary Discussion**
- 09.20 **Implementation of an Integrative Model of Heart and Circulation in Modern Society**
Branko Furst (USA)
- 09.30 **Believe Big's Efforts in Bringing the Johns Hopkins University School of Medicine's Mistletoe Clinical Trial to Fruition**
Ivelisse Page (USA)
- 09.55 **Barriers and Prospects of Integrative Oncology Patient – Tailored Research Design: Optional International Collaboration of Anthroposophic and CIM Research**
Eran Ben-Arye (Israel)

10.20 *Coffee Break - possibilities for informal conversation and exchange*

Moderated by Georg Soldner

- 11.00 **Research in Anthroposophic Medicine from the Point of View of the Foundations**
- 11.30 **Panel discussion "Fit for Future"**
Paschen von Flotow, Gunver Kienle, Ursula Wolf, David McGavin, Friedemann Schad
Moderated by David Martin
- 12.30 **Review – Preview**
Matthias Girke, Georg Soldner

12.45 **END OF CONFERENCE**

• Subject to change! •

Speakers and working group leaders

Aldo Ammendola: Dr., MBA, RAC, Weleda AG, Arlesheim/CH und Schwäbisch Gmünd/DE

Erik Baars: Professor, MD, Professorship Anthroposophic Healthcare at the University of Applied Sciences Leiden/NL

Stephan Baumgartner: Priv.-Doz. Dr. sc. nat., Institut für Integrative Medizin der Universität Witten-Herdecke/DE, Institut für Komplementärmedizin der Universität Bern/CH, Institut Hiscia des Verein für Krebsforschung/CH

Eran Ben-Arye: Clinical Associate Professor (MD), Lin & Carmel Medical Centers and Technion-Israel Institute of Technology, Haifa/IL

Bettina Berger: Dr. phil., Universität Witten-Herdecke/DE

Thomas Breitzkreuz: Dr. med., Paracelsus-Krankenhaus Unterlengenhardt und Filderklinik, Filderstadt/DE

Arndt Büssing: Univ.-Prof. Dr. med., Universität Witten-Herdecke/DE

Marion Debus: Dr. med., Klinik Arlesheim/CH

Friedrich Edelhäuser: Priv.-Doz. Dr. med., Gemeinschaftskrankenhaus Herdecke und Universität Witten-Herdecke/DE

Torkel Falkenberg: Professor, MD, Research Constellation Leader – Integrative Health Care, Scientific Board – Karolinska Institutet Centre for Social Sustainability/SE

Branko Furst: Associate Professor of Anesthesiology at Albany Medical College, Albany, NY/USA

Nilo Gardin: Dr. med. (MD), Weleda do Brasil Laboratório e Farmácia Ltda., São Paulo/BR

Matthias Girke: Dr. med., Medizinische Sektion am Goetheanum, Dornach/CH und Gemeinschaftskrankenhaus Havelhöhe, Berlin/DE

Harald Gruber: Prof. Dr. rer. medic, Alanus Hochschule für Kunst und Gesellschaft, Alfter/DE

Carsten Gründemann: Priv.-Doz. Dr. rer. nat., Bereich Anthroposophisch Medizinische Forschung (BAMF) und Uni-Zentrum Naturheilkunde, Universitätsklinikum Freiburg/DE

Harald J. Hamre: MD, Institute for Applied Epistemology and Medical Methodology at the University of Witten/Herdecke, Freiburg/GER

Peter Heusser: Univ.-Prof. Dr. med., Seniorprofessur für Medizinische Anthropologie, Universität Witten/Herdecke/DE

Roman Huber: Prof. Dr. med., Uni-Zentrum Naturheilkunde des Universitätsklinikum Freiburg/DE

Helmut Kiene: MD, Institute for Applied Epistemology and Medical Methodology at the University of Witten/Herdecke, Freiburg/GER

Gunver Kienle: Dr. med., Institut für angewandte Erkenntnistheorie und medizinische Methodologie, Freiburg und Forschung Anthroposophische Medizin am Universitätsklinikum Freiburg/DE

Matthias Kröz: Priv.-Doz. Dr. med., Gemeinschaftskrankenhaus Havelhöhe und Forschungsinstitut Havelhöhe, Berlin/DE

Daniel Krüerke: Dr. rer. nat., Forschungsabteilung der Klinik Arlesheim/CH

Alfred Längler: Prof. Dr. med., Gemeinschaftskrankenhaus Herdecke/DE

Ravi M.: Dr. med. (MD), Practice in Mumbai/IN

Speakers and working group leaders

Gero Leneweit: Dr. rer. nat., Carl Gustav Carus-Institut, Niefern-Öschelbronn/DE

David Martin: Univ.-Prof. Dr. med., Universität Witten/Herdecke, Professor für Pädiatrie, Universität Tübingen und Filderklinik, Filderstadt/DE

Harald Matthes: Prof. Dr. med., Charité, Universitätsmedizin Berlin, Gemeinschaftskrankenhaus Havelhöhe und Forschungsinstitut Havelhöhe, Berlin/DE

David McGavin: Dr. med. (MD), Kairos Rehabilitation, Greenwich and Blackthorn Medical Centre, Maidstone/UK

Gregor Neunert: Dr. phil., Akademie für Anthroposophische Medizin der GAÄD, München/DE

Maurice Orange: Dr. med., Klinik Arlesheim/CH

Ivelisse Page: Executive Director of Believe Big, In collaboration with Johns Hopkins Hospital, Baltimore/USA

Friedemann Schäd: Dr. med., Gemeinschaftskrankenhaus und Forschungsinstitut Havelhöhe, Berlin/DE

Christian Scheffer: Dr. med., MME, Gemeinschaftskrankenhaus Herdecke/DE

Christoph Schempp: Prof. Dr. med. Dipl. Biol., Klinik für Dermatologie und Venerologie und Forschungszentrum skinital des Universitätsklinikum Freiburg/DE

Georg Seifert: Prof. Dr. med., Klinik für Pädiatrie mit Schwerpunkt Onkologie und Hämatologie der Charité, Universitätsmedizin Berlin/DE

Henrik Szőke: MD, Ph.D., Department of CAM, Faculty of Health Sciences, University of Pécs, private practice Pilisszentkereszt/HU

Ana Paula Simões-Wüst: PD Dr. phil. II (P), Forschungsabteilung der Klinik Arlesheim und Klinik für Geburtshilfe am Universitätsspital Zürich/CH

Georg Soldner: Facharzt für Kinder- und Jugendmedizin, München/DE und Medizinische Sektion am Goetheanum, Dornach/CH

Heike Sommer: M.A., internationale Koordination Öffentlichkeitsarbeit, Dornach/CH

Florian Stintzing: Prof. Dr. rer. nat., Forschungsabteilung der Wala Heilmittel GmbH, Bad Boll/DE

Jan Vagedes: Dr. med., ARCIM-Institutes, Filderstadt/DE

Yvan Villegas: Dr. med., Centro Medico Antroposofico y Weleda del Lima/PE

Paschen von Flotow: Dr. oec., Sustainable Business Institute (SBI), München/DE

Kathrin Wode: Fachärztin, Karolinska University Hospital, Stockholm/SE

Ursula Wolf: Prof. Dr. med., Institut für Komplementärmedizin/IKOM der Universität Bern/CH

Ute Wölfl: Dr. rer. nat., Forschungszentrum skinital des Universitätsklinikum Freiburg/DE

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Imprint

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Booking Form

8WA

Development, Perspectives and Strategies

A Conference of the Medical Section

at the Goetheanum from Friday, 9 to Sunday, 11 March 2018

Booking closes: Friday, 23 February 2018

Please complete the booking form and mail, fax or email to:

Goetheanum Empfang, Postfach, CH-4143 Dornach

Fax + 41 61 706 4446, Tel. + 41 61 706 4444 email tickets@goetheanum.org

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Occupation

Conference ticket (Dinner 9.3. inclusive)

☐ CHF 300 (regular price) ☐ CHF 200 (concessions¹) ☐ CHF 100 (students²)

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☐ CHF 350 (regular price) ☐ CHF 250 (concessions¹) ☐ CHF 150 (students²)

Working groups 10.3., 14.45: 1st choice, n° _____ 2nd choice³, n° _____ 3rd choice³, n° _____

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