

# Beyond Cure

## Exploring Anthroposophic Medicine

### *A documentary series*

Created by the Institute of Anthroposophic Medicine in Greece

*Beyond Cure – Exploring Anthroposophic Medicine* is a new documentary series that explores Anthroposophic Medicine as a living, contemporary, and integrative medical approach.

Through the voices of physicians, educators, and practitioners from different countries, the series brings the viewer into direct contact with the depth, freedom, and ethical foundation of Anthroposophic Medicine - not as a "system," but as a lived medical practice and a conscious calling.

At a time when medicine is increasingly shaped by technocratic models and procedural efficiency, Beyond Cure seeks to restore the human being to the center of the healing process. It presents

a form of medicine that integrates scientific rigor with an expanded understanding of the human being as body, soul, and spirit.

The documentary aims to clarify that Anthroposophic Medicine is not an "alternative" approach, but a form of integrative medicine - one that engages modern medical science while addressing questions of meaning, relationship, and moral responsibility in therapeutic practice.

*Beyond Cure* was created to give space to the human dimension of medicine - to the encounter between doctor and patient, to responsibility, freedom, and meaning. It is an invitation to rediscover medicine as a profoundly human art.

The series aspires to:

- restore human dignity within medical practice,
- inspire physicians and patients to rethink the qualities of relationship, dialogue, and meaning in healing,
- and present Anthroposophic Medicine as a cultural response to the challenges of contemporary healthcare - a medicine oriented toward the future, not the past.

The primary audience includes physicians and healthcare professionals, medical students, and patients seeking serious, integrative approaches to health and healing. The series also addresses a wider audience interested in holistic and humanistic sciences, philosophy and inner development. Beyond Cure is conceived as a documentary series. The number of episodes and release sched-

ule remain intentionally open. The first episode is planned for release in 2026.

The documentary will be made freely available, offered as a gift to the global Anthroposophic Medicine community. Viewers and organizations are warmly invited to share the material freely within their networks and communities.



A promotional trailer is already available on YouTube and marks the first public step of the project's journey:

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INSTITUTE  
OF ANTHROPOSOPHIC  
MEDICINE IN GREECE

The Institute of Anthroposophic Medicine in Greece is dedicated to the development, education, and cultural presence of Anthroposophic Medicine within the Greek context and beyond, in active collaboration with the Medical Section at the Goetheanum, Emerson College, the International Federation of Anthroposophic Medical Associations (IVAA), and other international institutions and partners.

Its work focuses on medical education, interdis-

ciplinary dialogue, research, and public engagement, aiming to support a form of medicine that honors scientific integrity while placing the human being -body, soul, and spirit- at the center of care. Through educational initiatives, publications, collaborations with international institutions, and cultural projects, the Institute seeks to contribute to the evolving landscape of integrative medicine and to make Anthroposophic Medicine visible, accessible, and meaningful in contemporary society.

*Beyond Cure - Exploring Anthroposophic Medicine* is one of the Institute's international initiatives, created to amplify the voices of physicians and practitioners and to foster a deeper, living conversation around the future of medicine.

