



# English Training in **Anthroposophic Medicine**

Based in the UK and open to  
doctors worldwide

**Starting  
Oct 2025**

**Internationally accredited by the  
Medical Section at the Goetheanum**

With Dr Michael Evans, Dr James Dyson, Dr Marion Debus,  
Dr Matthias Girke, Anna Hubbard and Prof. David Martin

Nine one-week modules over three years combining experiential  
face-to-face learning and project work. The training leads to  
International Certification as an Anthroposophic Physician (for  
doctors) and a Diploma in Anthroposophic Medicine.

**[emerson.org.uk/  
anthroposophic-medicine](https://emerson.org.uk/anthroposophic-medicine)**

**[anthroposophic-drs-training.org](https://anthroposophic-drs-training.org)**



**Emerson  
College**

Health | Education | Arts | Land



**Goetheanum  
Medical Section**



**uni**versität  
Witten/Herdecke



**ruskinmill  
landtrust**

Painting: *We Stand Behind the Sky – Summertime II* by Richard Heys

# Is there a place for the whole person in contemporary medicine? Can we move beyond reductionist science to embrace the soul and spirit as well as the physical body?

## The English Training in Anthroposophic Medicine is a part-time post-graduate training for physicians.

It explores new ways of understanding a patient's condition that go beyond current purely physically-based medicine, emphasising the patient's spiritual, psychological and bodily capacities for resilience.

The training provides a foundation for prescribing natural medicines and a range of non-medicinal therapies that have been shown in general practice to radically reduce the prescribing of antibiotics and other groups of conventional medicines, while improving patient satisfaction.

### Who is it for?

The course is designed for registered medical practitioners and health care professionals with equivalent training.

### Ideal for physicians looking to:

- Learn new ways of observing and researching nature, medicinal plants, human anatomy and physiology
- Develop a comprehensive perception of patients and illness that encompasses body, soul and spirit
- Form a new relationship to medicines and their source materials through plant and mineral studies
- Experience how art supplements science and widens understanding
- Explore exercises and meditations that support the ethical and spiritual development of health care professionals on their personal development journey.

## Course modules and themes:

1	The Four Elements, the Four Kingdoms of Nature, the Four Organs, spiritual biography, living morphology, projective geometry
2	Medicinal plant study, the Six Soul Exercises, child and personality development, biography work
3	Alchemical studies and the metals
4	Common psychiatric conditions
5	Cancer, fever and <i>Viscum</i>
6	Paediatrics and gynaecology
7	Cardiology and gastroenterology *Venue: Havelhohe Hospital, Berlin
8	Rheumatology, School for Spiritual Science and the Medical Section *Venue: Goetheanum, Switzerland
9	Autoimmune diseases, past and future spirituality and medicine *Venue: Trigonos, North Wales

\*All modules will take place at Emerson College unless indicated otherwise. Please see the website for dates.

## Course Faculty

The course is led by Dr Michael Evans, Dr James Dyson, Dr. Matthias Girke, Anna Hubbard and Prof. David Martin with guest teachers.

## Professional certification & diploma

The course leads to International Certification as an Anthroposophic Physician (for doctors) and a Diploma in Anthroposophic Medicine.

**Course fee:** £8200 paid in advance or in three annual instalments.

For more information or to apply, visit: [emerson.org.uk/anthroposophic-medicine](http://emerson.org.uk/anthroposophic-medicine) and [anthroposophic-drs-training.org](http://anthroposophic-drs-training.org) or email: [registrar@emerson.org.uk](mailto:registrar@emerson.org.uk)



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