



International annual conference

of the Medical Section at the Goetheanum

Human soul!

Motion and Emotion – Living Resonance

12 to 15 September 2019

Goetheanum

This, after all, is what all development is based on, that independent being separates itself out from the life of the environment; that the environment is imprinted in the separate being like a reflection; and that then the separate being continues to develop independently.

(Rudolf Steiner, GA 13, 1989, p. 191)

Dear Friends of Anthroposophic Medicine,

We would like to invite you very warmly to the annual conference of the Medical Section. After the annual conferences on the subjects of warmth and light, we will concern ourselves this year with the soul of the human being.

In cosmic evolution, the elements densified from the original warmth into light and air, then in a third step as far as a fluid, semi-solid stage. The living entity continued to develop in this element and at the same time started to internalise the soul aspect in sentience, self-motion and a dawning consciousness. We will thus concern ourselves with the relationship between the soul and the body, with the rhythmically mediated polarity between consciousness and movement, as well as with the soul and physical resonances and their neurobiological aspects. In doing so, we will also gain some insight into the world of the animal soul.

The focus will be on the importance of the human soul with regard to falling ill and regaining health, the anthroposophical understanding of psychosomatics in a broad sense. A person can fall ill from out of their soul and spiritual dimension, as if poisoning themselves. Pharmacists can, for example, obtain medicines from poisonous plants which counter these breaking down processes in the human being and strengthen the life organisation. The patient can also stimulate and support their recovery processes through the inner development of the soul. Thus profound, spiritual ideals in life heal the soul organisation, warmth and love have a healing effect on the life processes in the organism, and assurance can have a positive effect down as far as the physical level.

It is our intention to investigate this life of the soul, experience it in the tonal world through singing and sound, and witness it in artistic form in the eurythmy performances. The relationship with the element of water will become comprehensible through the contributions with a therapeutic and casuistic approach.

These subjects will be deepened and thematically differentiated in the 53 groups. The Science Space will provide reports from current scientific work on Anthroposophic Medicine and there will also be time to report about the many different activities in the Medical Section.

This year, too, the colourful festival that is the annual conference will offer the many participants from near and far a wealth of opportunities for encounter and the exchange of views!

We look forward to meeting you and to our work together on the subject of the human soul.

Matthias Girke and Georg Soldner

On behalf of the Collegium of the
International Coordination of Anthroposophic Medicine (IKAM):

Andreas Arendt, Roland Bersdorf, Laura Borghi, Dagmar Brauer, Marion Debus, René de Winter, Jan Feldmann, Monika Folz, Oliver Friedländer, Jan Göschel, Rolf Heine, Hartmut Horn, Kirstin Kaiser, Ellen Keller, Helmut Kiene, Gunver Kienle, Manfred Kohlhase, Stefan Langhammer, Eva Lutz, David Martin, Harald Matthes, Sabrina Menestrina, Elma Pressel, Merja Riijärvi, Sabine Ringer, Alexander Schadow, Stefan Schmidt-Troschke, Kristian Schneider, Heike Sommer and Anna Sophia Werthmann

Workshops A *(The units of each workshop build on one another.)*

Thursday 16.30–18.00 / Friday and Saturday 11.45–13.15

1. Pastoral medicine – an impulse for the future *(DE)*

Healing has a physical, psychological and spiritual dimension. Medicines can release the human constitutional elements from their pathological action and thus lead to healing. In contrast, the word and sacrament strengthen the healing action of the spiritual being itself: the spirit then has a health-giving effect on the body. We will work on the collaboration between priest and physician, seek to understand the differences – also with psychotherapy – and clarify them using examples of illness, as well as discussing perspectives of this central impulse of anthroposophic pastoral medicine.

*Dr med. Matthias Girke, specialist for internal medicine, head of the Medical Section, Dornach (CH),
Tomáš Boněk, priest of the Christian Community in Prague (CZ)*

2. The skin and skin diseases in childhood and adolescence *(DE)*

The naked human skin is something unique. It expresses the nature of the human being. This workshop will throw a light on the evolution of the skin from the perspective of natural and spiritual science. Clinical pictures such as atopic dermatitis, urticaria and acne are presented against this background and ways of treating them are illustrated.

Georg Soldner, specialist in child and adolescent medicine, deputy head of the Medical Section, Dornach (CH)

3. Interprofessional case reporting *(DE)*

Interprofessional case reporting in the context of an outpatient clinical provision for oncology patients.

Dr med. Marion Debus, specialist for internal medicine, haematology/oncology, Klinik Arlesheim AG (CH), Cäcilia Weilgmann, biography worker, Klinik Arlesheim AG (CH), Kirstin Kaiser, certified (diploma) art therapist (ED), Ettingen (CH)

4. Bitters and their therapeutic application *(DE)*

We are familiar with bitters such as yarrow, chicory or wormwood as acting on the digestive tract. But the bronchi and even the skin possess bitter receptors. What is the quality of bitterness? What effect does it have? And what can be treated with it and how? We will study the relevant medicinal plants intensively and attempt to obtain a better understanding of their action as medicines. With clinical case studies and the practical experience of external treatments.

Dr med. Andreas Laubersheimer, general practitioner, Anja Bäuerle, nurse, Dr med. Ulrich Geyer, specialist for internal medicine; all from Heidenheim (DE)

5. The Christmas rose (*Helleborus niger*) as "lunar plant" and its action on the astral body *(DE)*

Starting with the picture of this medicinal plant, we will discuss the many different connections of the Christmas rose with diseases in the threefold organism and its importance for soul development, as well as exchanging views on therapeutic experiences.

Dr med. Dietrich Schlodder, holistic cancer therapy and immunotherapy, Tübingen (DE)

6. International workshop on Anthroposophic Medicine. Complementary manual nursing therapies in integrative oncology settings (EN)

The workshop will focus on experiences and strategies for implementing anthroposophic and complementary manual / nursing therapies in integrative oncology units in cancer centres. Existing models and recent developments in Europe and the Middle East will be discussed. It will be of special interest to analyse and bridge existing barriers in different countries. Nurses and physicians with a special interest in implementation strategies for AM modules in integrative oncology settings are invited to participate. The workshop is linked to a meeting of the International Europe / Middle East Expert Group on Manual Therapies in Integrative Oncology (EMTIO) with experts from Germany, Israel, Italy, Iran and Turkey, scheduled at the Goetheanum from 12–14 September.

Dr med. Thomas Breitkreuz, specialist for internal medicine, Filder Clinic and Unterlengenhardt (DE), Prof. Dr med. Eran Ben-Arye, Lin Medical Centre, Clalit Health Services / Technion Institute of Technology (IL)

7. From substance to life processes: reflecting on concepts and the application of medical nutrition from the perspective of Anthroposophic Medicine (EN)

Key concepts of nutrition from the perspective of Anthroposophic Medicine will be presented and debated with the aim of contributing to their development. With regard to practice, insights on their application in some medical conditions will be presented and debated.

Dr med. Iracema de Almeida Benevides, general practitioner, Belo Horizonte (BR), Martin-Günther Sterner, specialist for internal medicine and general practice, Senftenberg (DE)

8. Allergy – causes and treatment (DE/EN)

Our work will focus on allergies as a picture of the impotence of the astral body and I organisation. How can allergy be understood and confronted therapeutically? We will discuss and actively practise lifestyle suggestions, anthroposophic medication and eurythmy therapy in this regard.

Marieke Krans, physician at the centre for psychiatry, Driebergen (NL), Hilda Boersma, eurythmy therapist, Utrecht (NL), Joost Laceulle, general practitioner, Bergen (NL)

9. Exercises for mental health from Rudolf Steiner GA 10, "Practical perspectives" (DE)

Dr med. Michaela Glöckler, specialist for child and adolescent medicine, emeritus head of the Medical Section, Dornach (CH)

10. The secret of the Levico spring, ferrum, cuprum and arsenic (DE/IT/EN)

With vivid demonstrations and experiments as well as medical experience reports and an exchange of views, we will aim to experience the particular composition of this healing spring. And from this we will seek to determine the extent to which here in non-human nature a composition is being prepared "by a good spirit" which can serve as an intuition for future medicines (pharmaceuticals).

Albert Schmidli, pharmacist, Pleigne (CH), Dr. med. Laura Borghi, general practitioner, Milan (IT)

Workshops A

11. Potentisation from an anthroposophical perspective (DE/ES/EN)

Potentisation is an important manufacturing process for many medicines of the anthroposophical system of therapy. Anthroposophy can become a key for understanding this. Alongside practical elements, we also intend to include the Foundation Stone Meditation in our considerations.

Dr Mónica Mennet-von Eiff, pharmacist, Arlesheim (CH), Dr. Wolfram Engel, pharmacist, Schwäbisch Gmünd (DE)

12. The development of new medicines for the treatment of cancer patients – initial clinical experiences (DE)

The foundations of Rudolf Steiner's anthroposophical oncology include references to specific preparations. This treasure of concrete indications, the large potential for new developments, the pharmaceutical challenges and initial observations of clinical use will be set out.

Dr sc. nat. Konrad Urech, Hiscia Research Institute, Arlesheim (CH), Dr phil. II Jakob Maier, Hiscia Research Institute, Arlesheim (CH), Nina Artinger-Reis physician, oncology department, Klinik Arlesheim AG (CH)

13. Mistletoe, cancer and the human soul (EN/DE/IT/PT)

Mistletoe is considered to be a relic of an earlier stage of evolution. What phenomena make it appear as something "left behind"? And what is its relationship with the human soul? Starting with the biology and pharmacy of mistletoe, we will throw a light on its soul dimensions in cancer therapy.

Dr rer. nat. Hartmut Ramm, Hiscia Research Institute, Arlesheim (CH), Dr med. Emanuela Portalupi, Milan (IT), Dr med. Sheila Grande, Clínica Médica, Rio de Janeiro (BR), Maurice Orange MSc, general practitioner, Klinik Arlesheim (CH)

14. How can ensouled movement actively support the healing process? (DE)

We will concern ourselves with the developmental step from energetic movement techniques to ensouled movement. We will look at the metamorphosis from ensouled movement/eurythmy to eurythmy therapy. How can this intensified eurythmy act in a healing way in the body? How can process and formal tendencies usefully supplement one another in therapeutic collaboration?

A course for physicians, medical students, non-medical practitioners, pharmacists and interested complementary and alternative therapists.

Kaspar Zett, eurythmy therapist, Dornach (CH), Bettina Böhringer-Hintze, specialist for internal medicine and haematology, Klinik Arlesheim AG (CH)

15. What aspects does human birth bear within it? (DE/ES/FI)

Against the background of globalisation and immigration, in the field of tension between natural birth and today's technical possibilities, we encounter situations in obstetrics which can bear within them dignity but also violence. We will consider these aspects jointly with participants from the perspective of our understanding of the human being.

Merja Riijärvi, midwife FH, Dornach (CH), Dr med. Ruth Dörfel, gynaecologist, Filderstadt (DE)

16. The "enemies of cognition" fear, hate and doubt (DE/EN)

In the first class lessons of the School of Spiritual Science, Rudolf Steiner describes these three "enemies of cognition" as animals which must be overcome on the path of meditation of the Michael School. In this workshop, which does not require membership of the First Class, we will concern ourselves with the practical and therapeutic aspects of these soul qualities and with suggestions as to how to overcome them. We will also use Spatial Dynamics exercises as an aid.

Dr med. Henrik Szőke, PhD, specialist in child and adolescent medicine, Pécs (HU), Jaimen McMillan, Spatial Dynamics trainer, Schuylerville (US), Christina Spitta, specialist for internal medicine, Winterbach (DE)

17. The soul in and out of tune (DE/EN)

What does an out-of-tune soul sound like and what has a healing influence? We will concern ourselves with psychotherapeutic observations, meditations and art therapy exercises for work with people with mental disorders such as posttraumatic stress disorder or borderline-type emotionally unstable personality disorders.

Ellen Keller, certified (diploma) psychologist, psychological psychotherapist, Saarbrücken, DE, Johanna Gunkel BA, art therapist, certified (diploma) designer, Cologne (DE)

18. Transformation of the formative powers of the etheric body into consciousness and imagination as goal of the consciousness soul (EN/DE)

Internet and social media and their tendency to evoke dependency up to and including addiction in children and adults. Understanding their dynamics opens the way to prevention and healing.

Dr phil. Henriette Dekkers-Appel, psychological psychotherapist, Haarlem (NL), Dr phil. psych. Ad Dekkers, psychological psychotherapist, Bilthoven, NL)

19. Addiction as a product of evolutionary necessity – exploring its origins in the context of Old Moon evolution (EN)

In this group we will be examining the origins and developmental necessities of the addictive predisposition within the human soul, with reference to Steiner's lectures on "The inner experiences of evolution", GA 132.

Dr med. James Dyson MA, Stourbridge (GB)

20. Threshold experiences of the soul – how to deal with anxieties – subsidiary exercises with tone eurythmy and soul gestures (DE/RU)

This workshop will give an overview of Rudolf Steiner's indications about anxiety which were published as the book *Grenzerlebnisse der Seele* by H. Haas. Conditions, practical aspects and solar chakra aspects will be worked on with tone eurythmy and soul gestures. A text on the subject can be found at www.achtsamwerden.ch.

Dr med. Harald Haas, psychiatrist and psychotherapist, Bern (CH), Theodor Hundhammer, eurythmy therapist, Epsach (CH)

Workshops A

21. The purifying power of water (DE/EN)

In this workshop we will examine therapeutic washing, wound cleaning and clarifying conversation.
Rolf Heine, nurse, Filderstadt (DE)

22. "Unceasingly itself creating ..." – biography work with the Calendar of the Soul (DE)

The 24th verse is the starting point for becoming aware of the self in soul existence and thereby an opportunity for access to biography work. In accessing the content of the text and in the artistic experience of the language as well as in eurythmy movements, the foundations are created for applying the verse to individual life situations.

Sylke Ober-Brödlin, biographical counsellor Siegfried Ober, eurythmy therapist, Oldenburg (DE)

23. Practising karma. Essential fulfilment of karmic inevitability – from karma to freedom (EN)

Why are there recurring themes in our life? What is their karmic role? Understanding karma facilitates a new approach towards understanding illnesses and physical-emotional symptoms as related to restitution and development of the human being. The vast knowledge presented by Steiner was investigated and developed into a practical biography work method at "Hotam School" in Israel.

Orna Ben Dor, biography worker, Lapid (IL), Yael Armony, biography worker, Kibbutz Malkiya (IL)

24. Animal soul! You live in the sacrifice of the premature capacities of your organs, leading you into "specialisation" (IT/DE)

In the silence of animals and in their sounds we can grasp the impossibility of escaping from the onesided nature which is the expression of their own being. Specialisation contains the inability to designate all things and animals can only name themselves with their own sounds. The defining gesture of their own form only expresses their own essence whereas in human beings the potency of the word creates a being in which the universe can resonate.

Dr med. vet. Sabrina Menestrina, Udine (IT), Dr med. vet. Claudio Elli, Cinisello Balsamo (IT), Wilbert Beyer, veterinary physician, Jaerna (SE)

25. Listening as a higher perception on which to base sensory training for the redeeming word (DE)

Listening well requires at minimum empathy and authenticity. Just as the human ear forms invisibly as a sensory organ in the early embryonic period, so we can also strengthen our invisible self-perception so that we can hear and understand more consciously. We intend in this workshop to work on how such self-perception can be strengthened and meaningfully applied.

Dr phil. Armin Bauer, non-medical practitioner, Stuttgart (DE)

26. Irritable bowel syndrome, bowel and brain, skin and nervous system: a look at nutrition, dietetics and food (DE/EN/NL)

We will discuss aspects such as for example irritable bowel syndrome and perceptual processes; the bowel-brain axis between constant renewal and consciousness; the skin as it relates to the nervous system. Also the soul qualities of the nightshades, toxic plants and essential oils and their role in nutrition.

Dr Jasmin Peschke, certified (diploma) ecotrophologist, Dornach (CH), Johannes Kingma, dietician, Erndtebrück (DE)

Thursday, 12 September

11 and 12 September

Tone – Language – Word

School of Spiritual Science study (for School members)

As per separate programme

14.00–14.45 **Lecturers' meeting**

15.00 **Conference start**

15.00–16.00

Welcome

Human soul – causes of falling ill, sources of recovery

Lecture by Matthias Girke

16.00–16.30 **Coffee break**

16.30–18.00 **Workshops A**

18.00–19.30 **Evening break**

19.30–21.00

Commemoration of the dead

Given by Matthias Girke

The animal, con-sonance with the human being ***

Lecture by Sabrina Menestrina

Followed by

Conclusion with eurythmy & Night Café in the Speisehaus

Friday, 13 September

08.30–09.15

The language of the Guardian

School of Spiritual Science study (open to all)

Given by Peter Selg

– or –

Sound and singing at the Goetheanum

with Thomas Adam

09.30–11.00

Poisons are actually the heavenly element flowing too deeply to earth

Aconitum – belladonna – tabacum, botany and therapy

Lecture with case presentation

Ruth Mander and Georg Soldner

11.00–11.45 **Coffee break**

11.45–13.15 **Workshops A**

13.15–14.45 **Lunch break**

from 14.00–14.40

Scientific poster session

Goetheanum, School level (1st floor)

14.45–15.45

Consultation with pharmaceutical manufacturers

– or –

Science Space

Highlights from the art of creating knowledge *

Introduction and moderator: Jan Vagedes

15.45–16.30 **Coffee break**

16.30–18.00 **Workshops B**

18.00–19.30 **Evening break**

19.30–21.00

Anthroposophical hydrotherapy

Lecture by Markus Krüger and Albrecht Warning

Oil dispersion baths for Bekhterev's disease – case presentation from a patient's perspective

Lecture by Reinhold Schön

Followed by

Conclusion with eurythmy & Night Café in the Speisehaus

Saturday, 14 September

08.30–09.15

Development of the soul forces

The meditations of the third class lesson

(for School members)

Given in German by Matthias Girke

Given in English by Rolf Heine

– or –

The healing impulse of the Gospel of Matthew

School of Spiritual Science study (open to all)

Given by Jan Vagedes

– or –

Morning meditation **

with Silke Schwarz and David Martin

– or –

Sound and singing at the Goetheanum

with Thomas Adam

09.30–11.00

The principle of resonance:

affectivity, interaffectivity and neurobiology

Lecture by Thomas Fuchs

Childhood epilepsy

Lecture by René Madeleyn

11.00–11.45 **Coffee break**

11.45–13.15 **Workshops A**

13.15–14.45 **Lunch break**

14.45–15.45

Scientific poster session

Goetheanum, School level (1st floor)

– or –

Reports from the Medical Section

Contribution by Matthias Girke and Georg Soldner

15.45–16.30 **Coffee break**

16.30–18.00 **Workshops B**

18.00–19.30 **Evening break**

19.30–21.00

Heartbeat – Herzschlag – Latir del corazón

Goetheanum Eurythmy Ensemble

Followed by

Festival of the annual conference 2019 of the Medical Section

Sunday, 15 September

08.30–09.15

Connection of the soul forces with the cosmos

The meditations of the fourth class lesson

(for School members)

Given in German by Marion Debus

Given in English by Rolf Heine

– or –

The healing impulse of the Gospel of Luke

School of Spiritual Science study (open to all)

Given by Georg Soldner

– or –

Morning meditation **

with Silke Schwarz and David Martin

– or –

Sound and singing at the Goetheanum

with Thomas Adam

09.30–11.00

Longing – addiction

Lecture with case presentation

Joachim Beike and Ursula Schöbel

11.00–11.45 **Coffee break**

11.45–13.15

The human soul as developmental space for the I

Lecture by Michaela Glöckler

Outlook 2020

Anniversary year of Anthroposophic Medicine

Contribution by Matthias Girke and Georg Soldner

Foundation Stone Meditation

Goetheanum Eurythmy Ensemble

13.15 **End of conference**

All contributions in the plenary sessions are given in German and translated into the following languages:

Chinese, English, French, Italian, Japanese, Spanish Russian and German.

*Exceptions marked with an **

* *In English with translation*

** *In German with translation into English*

*** *In Italian with translation*

– Subject to change! –

Workshops B *(The units of each workshop build on one another.)*

Friday and Saturday, 16.30–18.00

27. Getting to grips with the four ethers – their nature and relationships (EN)

The Heidenheim/Greenwich team will prepare for this workshop by studying *The Four Ethers* by Ernst Marti, Rudolf Steiner's "Bridge Lectures" (GA 202) and the Warmth Meditation and engage discussion through case studies and clinical scenarios.

Dr med. Tobias Daumüller, specialist for internal medicine, Heidenheim (DE), Dr med. Carmen Eppel, gynaecologist, Heidenheim (DE), Dr med. David McGavin, general practitioner, Maidstone (GB)

28. What is more refreshing than light? Conversation. Anthroposophical corporate culture in dialogue (DE)

Questions and answers are the archetypal form of conversation. What questions are today asked of anthroposophy and anthroposophical establishments? Are questions asked at all? Which ones do you hear? What – concise – answers do we have? We want to collect questions and work on answers – including work in small groups.

Dr math. Andreas Jäschke, member of the management, Klinik Arlesheim AG (CH)

29. Leadership and resonance in medical organisations (DE/EN)

Regular active resonance leads to an equal footing, particularly where responsibilities differ. Living resonance can form the basis for a "Christian leadership style". With this in mind, we will develop guiding aspects and a "compass" in this workshop.

Dr Gerhard Herz, educator, Groebenzell (DE), Sabine Ringer, manager of House Morgenstern, Stuttgart (DE)

30. Meditation and the transformation of the life forces through light and warmth (DE/FR/EN)

Practical meditation exercises, undertaken step by step: from imagination through inspiration to intuition. Aids for therapeutic practice.

Dr med. Robert Kempenich, general practitioner, Strasbourg (FR)

31. Meditation in movement (DE)

Rudolf Steiner formulated suggestions for movement-oriented meditations as early as 1904. These eurythmy as well as eurythmy therapy exercises and the further development of the initial indications, as well as the unity of movement and experience, form the content of this work. Movement should form a balance for much sitting, meditation a balance for much listening.

Katharina Gerlach MA, eurythmy therapist, Krefeld (DE), Prof. Dr med. Friedrich Edelhäuser, specialist for neurology, Herdecke (DE)

32. Introductory discussion as well as movement exercises for the four types of ether as developed by Marjorie Spock. The TAO meditation from the tone eurythmy course, fifth lecture (DE)

The eurythmy work is intended to provide living access to the given concepts. The discussion method sees itself as applying the light soul process. The practical applicability of our work is to be identified and named through reflection.

Michael Voelkel, eurythmy therapist/non-medical practitioner, Celle (DE)

33. Brightening of the soul. Salutogenesis in oncology (DE)

The course of the disease in oncology is always individual. How can we support the people affected so that they become involved in shaping their path of healing? How can the three pillars of salutogenesis – manageability, comprehensibility and meaningfulness – be developed in dealing with cancer?

Josef Ulrich, psycho-oncologist and art therapist, Niefern Öschelbronn (DE)

34. Metal colour light – how does light move in me through colour? (DE/EN)

Our topic is observation exercises using metal colour light glass and discussion of the action of light, colour, metal and afterimage. There will be reports about the therapeutic work and the development of metal colour light therapy.

Friedlinde Meier, metal colour light therapist, Freiburg (DE)

35. "From the centre" – movement and centring along artistic exercises and interventions (DE)

As a learning process, individualisation lies between observation and creativity. It helps us to create a meaningful connection with ourselves and the environment. We will examine how art therapy – traversing the levels of expression and impression of body, image and language – can open up access to our condition and need for healing in "strengthening the centre".

Dr phil. Simone Gaiss, art therapist/art teacher, Munich (DE)

36. Experience of form and development of consciousness through therapeutic form drawing (DE/FR/EN)

In therapeutic form drawing, we bring finished forms back into movement, making them capable of being experienced anew. These experiences of form have a vitalising effect on our etheric body and our forces of self-healing. The intense activity of our own awakens an extended consciousness of forms.

Peter Büchi, form drawing practitioner/adult education teacher, Stäfa, CH)

37. Experiencing sound (DE)

The musical instruments in music therapy offer many different sound qualities. Active playing and active listening aim to make the sounds experienceable. The development of the sound space, the experience of the action of the sound, and the perception its resonance are the focus of our joint discovery and experience.

Monica Bissegger, music therapist, Filder Clinic, Filderstadt (DE)

38. "Silent longing and homecoming" – music therapy for eating disorders in adolescence (DE)

Out of an understanding of the absent developmental steps in the pre-school and school period, as well as out of the picture of the symptoms of the disorder, we will derive the therapy goals and seek helpful music therapy approaches. In practising the therapeutic exercises, we will examine the effects, seek optimisation and individual metamorphoses.

Anna-Barbara Hess, art therapist (ED) specialising in music therapy, Schafisheim (CH)

Workshops B

39. Anthroposophical therapeutic speech in asthma. Insights from a randomised controlled trial (EN/DE)

Description and outcome of the trial. Lessons to take home for similar projects. Practice of representative exercises in German.

Dietrich von Bonin, certified (diploma) art therapist (ED) specialising in drama and speech therapy, MME, Bern (CH)

40. Healing potential of love: psychotherapeutic work with inflammation and sclerosis (EN/RU)

Physical illnesses have their origin in soul processes when the latter are subject to the influence of evil. We will consider this in relation to inflammation and sclerosis. But the healing potential can also be found in the soul and spiritual realm. In the case of these illnesses it is love and we will consider how love becomes a medicine and how we need to deal with this magic power.

Tatiana Pavlova, psychological psychotherapist and painter, Rostov-on-Don (RU)

41. Rhythmical massage therapy: questions about stroke quality with the evolutionary series in eurythmy (DE/FR/EN)

We will interrogate the seven steps of the evolutionary series B M D N R L and translate it into the strokes of rhythmical massage therapy. This extends the orientation, understanding and differentiation of the qualities of the strokes in individual treatment. With demonstrations and case studies.

Christa Maier, rhythmical massage therapist, Basel (CH)

42. Rhythmical Einreibung and the element water (EN/DE)

What effect does Rhythmical Einreibung have on the element water and the etheric body of the human being? In joint research we intend to approach this question with inputs and practical exercises. Previous knowledge of Rhythmical Einreibung required.

Rebekka Lang, certified (diploma) nurse, expert in Rhythmical Einreibung as developed by Wegman/Hauschka (IFAN), Arlesheim (CH), Janice Balaskas, nurse, expert in Rhythmical Einreibung as developed by Wegman/Hauschka, Pottstown (US)

43. Healing the warmth organism with oil dispersion bath therapy (DE/RU)

How do we experience the oil dispersion bath in practice? In the seminar part we will work on the fundamental mechanisms by which the oil dispersion bath acts on the warmth organism and the use of the bath for various clinical pictures.

Larissa Schön, Bothmer gymnastics teacher and therapist, Reinhold Schön, Kneipp and medical hydrotherapist, Göppingen (DE)

44. Movement group with Spacial Dynamics (DE/EN)

Experience through Spacial Dynamics movement exercises and hands-on techniques how a change in my body posture and movement can enable qualities of lightness, levity, positivity and presence.

Jaimen McMillan, Spacial Dynamics trainer, Schuylerville (US), Gabriele Hurter, movement studio with practice for massage and movement therapy, Basel (CH)

45. Eurythmy therapy worldwide – challenges and opportunities (DE/EN)

We face a variety of challenges in practising eurythmy therapy worldwide. In this workshop we intend to approach these questions from various angles. How can I shape the therapeutic process such that it supports the human being as an individual in their recovery process?

Kristian Schneider MA, eurythmy therapist, Rösrath (DE), Monika Folz, eurythmy therapist, Biglen (CH)

Professional groups

Friday only

from 16.30–18.00

50. International study meeting for psychotherapists on the conference subject

by invitation only (ES/EN/DE/IT)

What are the complications produced by the gifts from the Old Moon period in the countries of the world in relation to our understanding of the human being and socially? What specific contributions to a solution can we provide as anthroposophical psychotherapists?

Dr med. Miguel M. Falero, general practitioner, Madrid (ES), Giovanna Bettini, psychological psychotherapist, Bologna (IT)

Friday and Saturday

16.30–18.00

51. Research Council – by invitation only (EN/DE)

Annual meeting of the International Research Council

Dr med. Helmut Kiene, specialist physician and director of the IFAEMM research institute, Freiburg (DE)

53. General meeting of members of the International Association for Anthroposophic Body Therapies (IAABT) – open to all / registration via form (EN/DE)

We will meet as the professional group of anthroposophic body therapists to hold the annual general meeting of members of the IAABT. In order to allow sufficient time for discussion, the meeting will take up both dates. Guests are cordially welcome.

Helmut Mayer, body therapist, Vienna (AT), Almut Karges, body therapist, Petersberg (DE)

Saturday only

from 16.30–18.00

54. General meeting of members of the International Federation of Anthroposophic Psychotherapy Associations – by invitation only (DE/EN)

Ellen Keller, certified (diploma) psychologist, psychological psychotherapist, Saarbrücken (DE),

Dr med. Hartmut Horn, specialist for child and adolescent medicine, psychotherapist, Aichtal-Neuenhaus (DE)

55. General meeting of the IAAP – open for all / registration via form (DE/EN)

The International Association of Anthroposophic Pharmacists (IAAP) invites all interested persons and the members of the national pharmacists' associations to the 2019 ordinary annual general meeting.

Dr rer. nat. Manfred Kohlhase, pharmacist, Stuttgart, DE, Dr Mónica Mennet-von Eiff, pharmacist, Arlesheim (CH)

Friday and Saturday

16.30–18.00

1. Rudolf Steiner's studio

October 1924 to March 1925 – registration via form (*Friday DE / Saturday EN*)

Meditative reflection on the last period in Rudolf Steiner's life, his work and intentions, as well as his support from Ita Wegman, at the location of the historical events, of his dying and death.

(The event will be held in German on Friday and in English on Saturday.)

Prof. Dr med. Peter Selg, child and adolescent psychiatrist, Arlesheim (CH)

2. The ceiling paintings in the Grosse Saal – registration via form (*DE*)

The colours and forms of the ceiling paintings and their reference to the cultural epochs up to and including the problems of our present time will be related to the stages of human physical, soul and spiritual development.

Meeting point in the western stairwell at the Red Window at 16.30.

Heike Stenz BA, art therapist, Dornach (CH)

Accompanying events

Poster exhibition on research

The poster presentations on research in Anthroposophic Medicine are there for you during the whole of the conference in the Goetheanum 1st floor. We would like to encourage you to contribute. Please send your current research results as a structured, one-page abstract (title, authors/institutions, question, material and methods, results, conclusions) by **15 August 2019** to:

Dr rer. nat. Daniel Krüerke
Forschungsabteilung Klinik Arlesheim
daniel.krueerke@klinik-arlesheim.ch

Accepted abstracts will be published for the conference as a handout and subsequently in "Der Merkurstab" under "Reports from science and research". Please prepare the poster printout in A0 size (118 x 84cm) and bring it along to the annual conference

General information

Registration

Goetheanum Empfang

Postfach, 4143 Dornach (Switzerland)

Tel +41 61 706 44 44, fax +41 61 706 44 46

tickets@goetheanum.org

Translation

The plenary events will be simultaneously interpreted into Chinese, English, French, Italian, Japanese, Russian, Spanish and German. Anyone who wants translation into their language other than the languages shown is kindly requested to bring a translator with them from their country. We are happy to offer this "translation participant" a complimentary ticket.

Enquiries by 31 August to: francois.bonhote@medsektion-goetheanum.ch

Donations (**NOT** to be used for remittance of the conference fee)

We are grateful to everyone who contributes with their donation to helping compensate for the price concessions and contributions to travel costs.

Bank details **Switzerland**: Allg. Anthr. Ges., Med. Sektion

IBAN CH53 8093 9000 0010 0605 6 – BIC: RAIFCH22. Purpose: JK 2019

Bank details **Germany and international**: Med. Sektion, Förderstiftung AM

IBAN DE92 6839 0000 0000 9707 60 – BIC: VOLODE66. Purpose: JK 2019

Booking Form

9JK

Human soul!

A Conference of the Medical Section at the Goetheanum
from Thursday, 12 to Sunday, 15 September 2019

Booking closes: Thursday, 29 August 2019

Please complete the booking form and mail, fax or email to:

Goetheanum Empfang, Postfach, CH-4143 Dornach

Fax + 41 61 706 4446, Tel. + 41 61 706 4444 email tickets@goetheanum.org

Please fill out in block capitals!

☐ Ms ☐ Mr

Name, first name

Billing address ☐ private address ☐ address of institution

if so, name of institution

Street, n°

Town

Postcode

Country

Phone/fax

Email

Occupation

I need translation into ☐ English ☐ French ☐ Spanish ☐ Italian ☐ Russian ☐ Japanese ☐ German ☐ Chinese

Conference ticket without meals

☐ CHF 310 regular price ☐ CHF 200 with concessions¹ ☐ CHF 120 students² ☐ 500 with sponsorship³

Meals (2x lunch, 3x evening meal) ☐ CHF 125

Breakfast (3x) ☐ CHF 45

Food intolerance --- ☐ Gluten ☐ Lactose

Workshop A 1st choice, n° _____ 2nd choice ⁴, n° _____ 3rd choice ⁴, n° _____

Workshop B 1st choice, n° _____ 2nd choice ⁴, n° _____ 3rd choice ⁴, n° _____

Professional groups (only Nr. 53 or Nr. 55 available) 1st choice, n° _____ 2nd choice ⁴, n° _____

Guided tours

Friday 13.9. 16:30-18:00 Uhr- R. Steiner Atelier (DE) ☐ or painted ceiling Main Hall (DE) ☐

Saturday 14.9. 16:30-18:00 Uhr- R. Steiner Atelier (EN) ☐ or painted ceiling Main Hall (DE) ☐

Group accommodation (mattresses on the floor. Please bring a sleeping bag, a pillow and a sheet, limited places)

☐ CHF 30 (3 nights from 12 to 15.9.2019) ☐ CHF 40 (4 nights from 11 to 15.9.2019)

Parking at the Goetheanum ☐ Parking permit: CHF 21

Insurance

☐ Cancellation insurance (5% of the total costs, CHF 10 minimum)

See cancellation conditions in the General Information

Payment methods

☐ on invoice (only Switzerland and Euro zone)

Credit card (all countries) ☐ Visa ☐ MasterCard

Card number: ____ / ____ / ____ / ____ Expiry date: ____ / ____

I agree to the terms of payment and cancellation.

Place, date, signature

¹ For OAPs, the unemployed and people with disabilities who receive benefits. Proof of status has to be submitted with the booking form.

² For students, schoolchildren, those in training, military or civil service. Proof of status has to be submitted with the booking form.

³ Should you be in a position to pay an additional amount, this would help to cover the costs of the conference and support the work of the section.

⁴ When registering, your first choice is no longer open, is cancelled or will be cancelled, your second and third choice will be taken into account. If your first, second or third choice is full, we will try to contact you. Please look for updated information at the start of the conference.

Terms and Conditions will be sent on request or can be accessed online at <https://www.goetheanum.org/en/events/informations/>. The Biannual events magazine (Pdf-Download) can be found also there.

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Conference fees:	Regular price:	CHF 310	with meals:	435 CHF
	Concessions ¹ :	CHF 200	with meals:	325 CHF
	Students ² :	CHF 120	with meals:	245 CHF
	With sponsorship ³ :	CHF 500	with meals:	625 CHF

Conference meals

Conference meals (vegetarian with dessert) include 2x lunch and 3x evening meal at CHF 125 in total and they can not be booked separately. Breakfast (3x) can be booked separately at CHF 45. Lactose-free and gluten-free dishes can be provided. We regret that any other food intolerances cannot be catered for.

Group accommodation

(Booking possibility on the booking form, further information: www.goetheanum.org/6644.html)

Accommodation with mattresses on the floor: 3 nights from 12 to 15 September 2019 (CHF 30) or 4 nights from 11 to 15 September 2019 (CHF 40). Please bring a sleeping bag as well as a pillow and a sheet; limited places.

Parking permit

for the period of the conference: CHF 21 (not right next to the Goetheanum building)

If you have a disability, please display your disability badge in your car.

Methods of payment/confirmation

On receipt of a group application, the respective institution will receive the account for the group. Subsequent bookings can only be applied for and paid on an individual basis.

Credit cards (all countries): The full amount will be charged to your credit card as soon as your booking has been processed. You will receive postal or email confirmation of your booking and payment.

Invoice Switzerland: Confirmation of booking and an invoice will be sent to you once your booking has been processed. Please note that we only send out invoices up until 10 days before the beginning of an event. After that, payment is only possible by credit card or on arrival.

Invoice Eurozone: Confirmation of booking and an invoice will be sent to you once your booking has been processed (Euro account). Please note that we only send out invoices up until 14 days before the beginning of an event. After that, payment is only possible by credit card or on arrival.

Other countries: Once your booking has been processed you will receive a confirmation by post or email. The amount due will either be charged to your credit card or you can pay on arrival. Bank transfers are not possible.

Please note that the conference fee must be paid before the conference starts.

Conference tickets: Tickets can be collected at the Reception until half an hour before the conference starts, also if you pay on arrival. We accept cash (Euro and CHF), VISA, MasterCard, ec-direct and Postcard-Schweiz.

Cancellation: Bookings may be cancelled free of charge up to 14 days prior to the beginning of the conference (29.8.2019, date of posting). After that, 50% of the conference fee will be charged. Meals, breakfast, parking permit and group accommodation may be cancelled free of charge up to 1 day prior to the beginning of the conference (11.9.2019). Cancellation on the day when the conference begins or failure to attend are subject to a 100% invoice total. Substitutes will be accepted at no extra cost.

Cancellation insurance: Subject to a payment of 5% of total costs (CHF 10 minimum) full cancellation insurance can be taken out to cover illness (including dependent children and partner), job loss and force majeure. Please ask for our terms of insurance or visit www.goetheanum.org/6053.html.

Data processing: All data will be electronically recorded and filed and not passed on to any third party.

You can find further accommodations on our website: www.goetheanum.org/4283.html

Terms and Conditions will be sent on request or can be accessed online
at www.goetheanum.org/6025.html.