

*2nd SIO Europe &
12th International ARTOI Congress*

FROM ANCIENT WISDOM TO MODERN INTEGRATION

8-10 MAY, 2026
*Pontifical Salesian
University, ROME*



RESEARCH - REMEDIES - TRAINING - CULTURE



**FROM ANCIENT WISDOM TO MODERN
INTEGRATION:
Bridging Millennia of Healing**

**ARTOI and SIO Europe 2026
Conference May 2026**

As Congress Co-President (Massimo Bonucci – Italy) with Doctors Nina Fuller-Shavel (UK) and Eran Ben-Arye (Israel) are delighted to inform you about this highly anticipated and esteemed conference in 2026.

This event is a must-attend for healthcare professionals who are committed to whole-person cancer care, offering the latest insights in integrative oncology from leading experts across Europe and the Middle East.

The full programme features in-depth discussions across multiple specialties and unparalleled networking opportunities with Italian and international colleagues.



Friday, May 8 PRE CONFERENCE WORKSHOPS

9.00 – 10.30

Room 1 BRIDGING HUMAN AND VETERINARY MEDICINE:
A NEW FRONTIER IN INTEGRATIVE ONCOLOGY
(Alessandro Benvenuti/Carla Fiorentini)

Room 2 SHIATSU IN ONCOLOGY - PAIN TREATMENT
TECHNIQUE
(Raffaele Torchia, Renato Zaffina)

Room 3 EVIDENCE BASED HOMEOPATHY WITHIN
INTEGRATIVE ONCOLOGY: STATE OF THE ART
**(Francesco Marino, Moshe Frenkel, Jean-Lionel
Bagot, Michael Frass, Holger Malchow)**

Room 4 IT'S TIME TO GO QUANTUM MEDICINE IN GLOBAL
HEALTH **(Rocca Beppe, Spiaggiari Piergiorgio,
Pagliaro Gioacchino, Ferrini Daniela, Noera
Giorgio)**

Room 5 CHEMO-INDUCED NEUROPATHIES

Moderators: **Maria Bernadette Ligabue Mimma
Raffaele; Speakers: Mimma Raffaele, Teresa
Paolucci, Cecilia Lucenti, Michele Acanfora**

Room 6 MISTLETOE TREATMENT IN ONCOLOGICAL
PATIENTS: HANDS

ON COURSE AND PRACTICAL ISSUES **(Friedmann
Schad, Thomas Breitreuz, Emanuela Portalupi)**



Room 8 SAFFRON: SUSTAINABLE CULTIVATION AND MECHANISM OF ACTION FOR MOOD SUPPORT (1 hour) (**Cento Fiori S.r.l.**)

10.30 – 10.45 BREAK

10.45 – 12.15

Room 1 ACUPUNCTURE THERAPEUTIC MODELS APPLICABLE IN PRACTICE (**Carlo Giovanardi, Alessandra Poini**)

Room 2 A MULTIDISCIPLINARY APPROACH Models of integration in palliative care and supportive care in Hospice:

- Acupuncture at the end of life: a spiritual approach and practical formulas, **Franco Cracolici**
- The scientific, humanistic and spiritual contribution of homeopathy to the terminally ill patient, **Francesco Marino**

Room 3 INTEGRATION OF OSTEOPATHY INTO CARE PATHWAYS: SCIENTIFIC RATIONALE AND CLINICAL APPLICATIONS (**Sandra Tosi, Mauro Fornari, Oliviero Bonetti, Nicola Barsotti, Davide Baccarlino, Alessandro Leone**)

Room 4 INTEGRATIVE ONCOLOGY NURSES IN EUROPE AND MIDDLE EAST: MODELS, ROLES AND SCOPE OF PRACTICE

Moderators: **Maryam Rassouli and others**



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- Room 5 PHYSICAL ACTIVITY IN INTEGRATIVE ONCOLOGY
- Moderators: **Gianpaolo Ronconi Maria Bernadette Ligabue**; Speakers: **Monica Pinto, Anna Campbell, Paola Emilia Ferrara, Fugazzaro Stefania, Sveva Nusca**
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- Room 6 NEURAL THERAPY: SCIENTIFIC RATIONALE FOR AUTONOMIC MODULATION IN INTEGRATIVE ONCOLOGY (**Maurizio Episodio, Michele Acanfora**)
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- Room 7 INTEGRATIVE THERAPIES IN ONCOLOGICAL CARE PATHWAYS: THE KOMEN ITALIA–ONCONAUTI HOSPITAL–TERRITORY MODEL FOR TRANSLATING SCIENTIFIC KNOWLEDGE INTO CLINICAL PRACTICE. A FEASIBILITY STUDY (**Associazione Onconauti**)
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- Room 8 TOXIC METALS, EXPOSOME AND HOST RESILIENCE IN INTEGRATED ONCOLOGY: TRANSLATIONAL IMPLICATIONS FOR PRECISION MEDICINE (**Driatech S.r.l.**)
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- Room 9 STEM CELL DIFFERENTIATION FACTORS AND NEOPLASTIC CELL RE-EDUCATION: A DEVELOPMENTAL BIOLOGY PARADIGM IN INTEGRATED ONCOLOGY (**Novacell Biotech company S.r.l.**)
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- Room 10 IMPLEMENTING HOMEOPATHY IN HOSPITALS AND INTEGRATIVE ONCOLOGY CENTERS ACROSS EUROPE: STRUCTURED CLINICAL MODELS, IMPACT, AND FUTURE DIRECTIONS (Workshop of Special Interest Group Homeopathy – Society for Integrative Oncology, with institutional support from Boiron. Speakers: **Elizabeth Thompson, Ingrid Theunissen, Michael Frass, Elio Rossi, Moshe Frenkel, Jérôme Sicard, and Jean-Lionel Bagot**)



CONFERENCE, ALL IN PLENARY ROOM

12.00 – 13.00 Registration and accommodation

13.00 – 13.30 Opening of the congress: Co-Presidents/

Institutional authorities

Guest invited (**Dario Nardella**, European Parliament
- **Simona Dei**, ISPRO, Institut for Study Network
Oncological Prevention - **Francesco Schittulli**, LILT
President)

13.30 – 14.30 Keynote lectures

Moderators: **Holger Cramer or Alain Toledano & Florian Strasser**

- Precision Medicine as new approach of cancer (**Prof. Paolo Marchetti** – Director Society of Precision Medicine)

- Bridging the Gap: The Future of Integrative Oncology in Modern Cancer Care (SIO President-Elect, **Prof. Richard T. Lee**)

14.30 – 16.00 AI and integrative oncology

Moderators: **Lorenzo Anelli & Giorgio Noera**

The Unavoidable AI Revolution in Integrative Oncology (**Lorenzo Anelli**)

AI and Advanced Systems for Personalized Oncological Medicine: Integration of Organs-on-Chip and Omics Data for a Biological Twin (**Elena Lo Presti**)

TCIM and AI: opportunities and challenges (**Jeremy Y Ng**)



Treasuring empathy in the AI era: do we feel the needs of our patients? (**Friedemann Schad & Eran Ben Arye**)

16.00 – 16.30 BREAK

16.30 – 17.30 Cross-Cultural Integrative Oncology

Moderators: **Hiba Boujnah and Eran Ben-Arye**

Chemotherapy under Missiles (**Sameer Kassem**)

From loss to rebirth: a journey within the Druze community (**Yael Bruno**)

Spirituality and religious dimensions of cancer care in Iran and within Islamic medicine (**Maryam Rassouli**)

17.30 – 18.30 POSTER SESSION (with taste of italian wine)



Saturday, May 9 PRE-CONFERENCE

07.30 – 08.30 Tai Chi Session (on University Park)

Saturday, May 9 CONFERENCE

Plenary Room

09.00 – 10.00 INTEGRATIVE ONCOLOGY AS A CRX

(COMPANION PRESCRIPTION) DURING ACTIVE
TREATMENT)

Moderators: **Massimo Bonucci & Nina Fuller-Shavel**

Integrative oncology in supporting immunotherapy and targeted therapies (**Nina Fuller-Shavel**)

From Ancient Wisdom to Modern Integration: Real-World Evidence on Mistletoe Therapy Combined with Immune Checkpoint Inhibitors in Oncology Care (**Anja Thronicke**)

Integrative oncology in complex, unsolvable cases (**Ivano Hammarberg Ferri**)

Sleep disturbances and cancer-related fatigue – pathophysiology and evidence-based therapies (**Matthias Kröz**)



Parallel sessions Plenary Room

10.15 – 11.15 SUPPORTING WOMEN ALONG

THE CANCER JOURNEY

Moderators: **Camilla Casi & Natacha Ruysers**

Integrated Fertility-Sparing Strategies in Endometrial Carcinoma in Diabetic Women (**Alberto Mattei**)

Beyond the scar: Osteopathic Intervention and the Restoration of Vitality after Mastectomy (**Sandra Tosi**)

Fasting-mimicking diet and exercise in patients with triple negative breast cancer (**Josephine Van Cauwenberg**)

From integrative gynecologic oncology to integrative obstetrics (**Eran Ben-Arye**)

Room 1

INTEGRATIVE NUTRITION: PREVENTION and TREATMENT

Moderators: **Isabel Giralt & Francesca Andreazzoli**

Well-being and Health: Oncological Nutrition, Management of Low-Grade Inflammation using Dragon Boat and Bright-Field Blood Microscopy (V-MEV) in Female Oncological Patients to Reduce and Monitor Inflammatory Levels (**Alessia Calandra**)

Nutritional interventions for Type 2 diabetes and cancer, with a focus on oat-based diets and fasting days (**Roland Zerm**)



Bridging the Metabolic and Neuroendocrine Gap: A Mixed-Methods Approach to Developing Integrative Clinical Guidelines for Patients with Cancer and Diabetes
(Adi David)

Renal protection and support during and after oncology treatment **(Giuseppe Scapellato)**

Room 2

MOVEMENT, MANUAL THERAPIES AND REHABILITATION

Moderators: **Stephanie Otto**

Benefits of exercise & sport for cancer prevention?
Example of colorectal cancers **(Alain Toledano)**

Self Care rehabilitation in cancer patient **(Maria Bernadette Ligabue)**

Tuina in pediatric oncohematology: treatment of chemotherapy side effects **(Grazia Meneghetti)**

The Fascial Network as a Neuro-Immuno-Mechanical Interface: A Missing Link in Exercise Oncology and Cancer Care **(Stephanie Otto)**

Room 3

ACUPUNCTURE: RESEARCH IN CANCER CARE

Moderators: **Jan Valentini & Konstantina Stylianou**

Five Evidence Based Acupuncture Points and Three Core Combinations in Oncology Care - Subtitle: Clinical Evidence Mechanisms and Application in Integrative Oncology; Protocol design, treatment planning, and clinical decision-making **(Yair Maimon, WFAS Vice President)**

Traditional acupuncture and microsystems therapeutic methods for the treatment of side effects of chemotherapy and radiotherapy **(Franco Cracolici, WFAS Vice President, FISA Vicepresident, Giuseppe Lupi)**



Acupuncture and Virtual Reality in the Treatment of Breast Cancer (**Massimo Rinaldi**, Head of Integrated Medicine, University of Chieti)

Acupuncture in pediatric oncology (**Esther Martinez**)

Room 4

INTEGRATIVE ONCOLOGY NURSING: TRAINING AND CURRICULUM DEVELOPMENT

Moderators: **Rosario Caruso, Emanuela Portalupi and Maryam Rassouli**

Room 5

LIQUID BIOPSY: UPDATES IN CANCER TREATMENT

Moderators: **Lorenzo Anelli, Mimma Raffaele**

Experience with liquid biopsy (**Alexandro Membrino**)

Cancer Care 2.0: The Multimodal Liquid Biopsy Revolution (**Natalia Malara**)

Dendritic cell therapy in cancer care: novel approaches (**Ana Moreira**)

Multiomics in supporting precision integrative oncology (**Nina Fuller-Shavel**)

Room 6

PRECLINICAL AND CLINICAL RESEARCH: ROLE AND SIGNIFICANCE

Moderators: **Carla Fiorentini & Fadwa Attiga**

Extra-virgin olive oil polyphenols supplementation counteracts oxidative stress and colorectal cancer development in vivo (**Laura Bracci**)

From Bacteria to Tumors: CNF1's Role in Colorectal Cancer (**Alessia Fabbri**)

Curcumin–Polydatin Combination in Integrative Oncology for Glioblastoma: Mechanistic Insights into

Their Synergistic Enhancement of Temozolomide Antitumor Activity in Cellular Model (**Annalucia Serafino**)

Micro-RNA and cancer: the help from natural compounds in the fight against cancer (**Paola Matteassi**)

11.15 – 11.45 BREAK AND POSTER SESSION

Parallel sessions Plenary Room

11.45 – 13.30

INTEGRATIVE ONCOLOGY MODELS: MASTER CLASS

Moderators: **Friedemann Schad & John Hughes**

THE ITALIAN MODEL

TUSCANY: The Multidisciplinary Oncology Team at Campostaggia Public Hospital (Siena) and Tuscany South East Health Authority (ASL) (**Angelo Martignetti, Simona Dei**)

BASILICATA: The AMICO Clinic Approach to Integrative Oncology in Breast Cancer Care: Structure and Clinical Framework from a Southern Italian Hospital (**Graziella Marino**)

THE GERMAN MODEL (Klaus Kramer)

THE ISRAELI MODEL

Carmel palliative IO model: facilitating hospital to community continuum of care (**Orit Gressel**)



THE SWISS MODEL (Florian Strasser and Natalie Kalbermatten)

Room 1

INTEGRATIVE ENDOCRINOLOGY AND NUTRITION

Moderators: **Fadwa Attiga**

Sarcopenia in cancer patients (**Maurizio Muscaritoli**)

Fasting methods (**Samir Sukkar**)

Ketogenic nutrition in cancer care (**Marco Marchetti**)

Integrative endocrinology in cancer care: The diabetes model (**Sameer Kassem**)

Food interventions to reduce immunotherapy toxicities (**Joy Demol**)

Metabolism and Inflammation (**Claudio Mauro**)

Room 2

PREHABILITATION AND REHABILITATION IN CANCER CARE

Moderators: **Georg Seifert & Stephanie Otto**

Integrative gynecological oncology in prehabilitation (**Yakir Segev**)

Perioperative integrative oncology in patients with colorectal cancer (**Emma Davies**)

The role of yoga and yoga therapy (**Evi Dimitriadou**)

Osteopathy as an Integrative Intervention in Oncology (**Oliviero Bonetti**)

The role of reflexology systems (**Massimiliano Scapecchi**)



Room 3

HYPERTHERMIA IN ONCOLOGY: Locoregional hyperthermia: updates and opportunities in the care of cancer patients

Moderators: Giammaria Fiorentini, Massimo Bonucci

The White Paper of Locoregional Hyperthermia in Oncology: Level 1A Evidence, Standards of Practice, Recommendations and Implementation with anti-cancer treatments (**Cristian Gologan, Veronica Iatan**)

Pharmacological treatments and locoregional hyperthermia: which indications and the best timing of administration: the Oncologist's opinion (**Girolamo Ranieri**)

Radio-chemotherapy and locoregional hyperthermia: up to date (**Giammaria Fiorentini**)

Synergistic Hyperthermia in Multimodal Oncology: Balancing Tumor Response with the Preservation of Health-Related Quality of Life (**Giuseppe Cristina**)

Locoregional hyperthermia as player of Integrative Oncology: hypothesis or reality? (**Massimo Bonucci**)

Discussion and comments 15 min

Room 4

Pain, anxiety, and suffering: Exploring healing resources for patients and practitioners

Moderators: Thomas Breitzkreuz, Emanuela Portalupi, and Isabel Giralt (The workshop Includes hands-on Anthroposophic art therapy experience with **Yael Bruno**)



Room 5 MEDICAL CANNABIS AND PSYCHEDELIC APPROACHES IN CANCER CARE

Moderators: **Richard Lee & Dr Nina Fuller-Shavel**

Post-traumatic growth after psychedelic-assisted therapy
(Ingmar Gorman)

Medical cannabis in cancer symptom control **(Richard Lee)**

Integrative pharmacist's perspective on medical cannabis and IO polypharmacy (Roshni Vyas)

Room 6 ORAL PRESENTATIONS: THE BEST OF SIO EUROPE 2026

Moderators: **Holger Cramer & Mercedes Farzad**

Room 7 HOMEOPATHY AND CANCER CARE

Moderators: **Elio G. Rossi, Jean-Lionel Bagot**

Classical Homeopathy **(Francesco Marino)**

Practical session with Swiss and Indian colleagues:
HOMEOPATHY AND CANCER: CLINICAL EXPERIENCES **(Francesco Marino, Dario Spinedi, Holger Malchow, Antonietta Iasiello, Paul Muttathukunnel, Aditya Pareek, Alok Pareek)**

13.30 – 14.30 LUNCH – POSTER SESSION

14.30 – 18.30 Plenary Room

MICROBIOTA AND CANCER

Moderators: **Nina Fuller-Shavel & Ivano H. Ferri**


14.30 – 15.30 **Plenary Room**

Beyond Nutrition: Microbial and Botanical Modulators for Precision Oncology (**Alexander Bertuccioli**)

Exploiting the gut microbiome to improve clinical outcome of pancreatic cancer patients (**Valerio Paziienza**)

Parallel sessions Plenary Room**15.30 – 17.15 HERBAL MEDICINE: SYNERGISM WITH INTEGRATIVE ONCOLOGY MODALITIES**

Moderators: **Elio Rossi & Salvatore Bonanno**

Beyond mistletoe: Anthroposophic herbal medicine in cancer care (TO BE DEFINED)

Ayurveda in integrative oncology (**Santhosshi Narayanan**)

The challenge of unmonitored traditional herbal use in patients with cancer and diabetes (**Orit Gressel**)

Nanoemulsified Medicinal Mushrooms as Natural Immunoadjuvants in Integrative Oncology: Translating Ancient Mycotherapy into Modern Clinical Practice (**Catalina Fernandez De Ana Portela**)

Acupuncture when patients need more (**Franco Cracolici**)



Room 1 INTEGRATIVE HEMATOLOGY - MULTIPLE
MYELOMA: BRIDGING NOVEL THERAPEUTICS AND
INTEGRATIVE MEDICINE (**Francesca Andreazzoli**)

Integrative Palliative Oncology (**Ivano Hammarberg
Ferri**)

Room 2 PSYCHO-ONCOLOGY AND COACHING

Moderator: **Patrizia Giungato**

Psycho-oncology and PNEI (**Anna Giulia Bottaccioli**)

Cancer, Bereavement, and Caregiving: An Integrated Care
Approach (**Michela Spagnolo**)

Integrative psycho-oncology in cancer care and
healthcare education (**Nazanin Derakhshan**)

Meditation with cancer patients (**Kempenich Robert**)

Osteopathy and Physiological regulation: a Pnei-Based
approach to support the Oncological patient (**Nicola
Barsotti**)

Room 3 NATURAL PRODUCTS AND COMBINATION
APPROACHES IN INTEGRATIVE TREATMENT

Moderators: **Florian Strasser, Constantina Stylianou**

Phytotherapy and urological oncology (**Annalia
Giallombardo**)

Integrative oncology in GBM (**Massimo Bonucci**)

Integrative oncology in gastrointestinal malignancies
(**Emma Davies**)

Integrative oncology in ovarian and breast cancer (**Nina
Fuller-Shavel**)

Phytonutrition in cancer care (**Rosaria Ferreri**)



Room 4 Integrative Nursing: Designing research and medical education milestones (SIO Europe Special Interest Group)

Moderators: **Eran Ben-Arye and others**

Room 5 ORAL PRESENTATIONS: THE BEST OF SIO 2026 PART 2

Moderators: **Klaus Kramer and Alain Toledano**

17.30 – 18.15 Plenary Room

OUR HEALTH: BETWEEN BURNOUT AND RESILIENCE

Moderators: **Sameer Kassem & Nazanin Derakhshan**

Healthcare providers and post-traumatic growth (**Aga Kehinde**)

Open your heart: on HRV and narratives (**Eran Ben-Arye & Sameer Kassem**)

18.15 - 18.45 POSTER SESSION (with a taste of italian wine)

20.00 Gala Dinner



Sunday, May 10 PRE-CONFERENCE

07.30 - 08.30 TAI CHI session (in the University Park)

Sunday, May 10 CONFERENCE

Plenary Room

07.30 – 08.45 MERGIO-European Research meeting

(by invitation)

Moderators: **Ben-Arye, Rassouli, Breitzkreuz, Bonucci**

09.00 – 11.00 Integrative Oncology opportunities

and challenges in Europe and the Middle East

Moderators: **Thomas Breitzkreuz & Maryam Rassouli**

Presentation 1:

Friedemann Scad: Integrative Oncology:

Building a Data-Driven Oncology Network and the Cost-Effectiveness Perspective (15 min)

Presentation 2:

Anja Thronicke – The OCEANIC Study: Building the Evidence Base for Integrative Oncology (15 min)

Presentation 3:

Eran Ben-Arye: Integrative oncology guidelines: collaboration & Implementation (15 min)

Presentation 4:

Tzahit Simon-Tuval: Beyond cost: Effects of adherence to integrative care on oncology healthcare utilization, opioid use and hospitalization (15 min)

Presentation 5:

Thomas Breitkreuz: Integrative oncology in the hospital setting: Network development and clinical challenges (on the KIM) (15 min)

Presentation 6 :

Political frameworks for cancer: How can we facilitate integrative oncology inclusion?

Elisa Baldini: The European Union (EU) perspective (12 min)

Hiba Boujnah: The World Health Organization (WHO) perspective (12 min)

Discussion: 10 min

11.00 – 13.00 Round Table: Oncology and Integrative

Oncology: SIO Europe vision

Angelo Martignetti; Giuseppe Curigliano; Florian Strasser; Alain Toledano; ESMO President; President AIOM, President ESTRO, President AIRO, SIO Europe 2026 Co-Presidents, SIO President Elect

13.00 – 13.30 Presentation 2027 SIO Europe Congress/

CLOSURE

2027 SIO Europe: **Alain Toledano/All Co-Presidents**

