

The etheric body as source of the developmental forces

Healing processes through substance transformation, in destiny, in self-education

15–18 September 2016



International annual conference of the Medical Section at the Goetheanum

Goetheanum

In earth activity draw near to me, Given to me portrayed in substance, The stars' celestial beings: In volition I see them transformed in love.

In watery life there enter me, Forming me in the powerful force of substance, The stars' celestial deeds: In feeling I see them transformed in wisdom.

> *Rudolf Steiner, GA 219 Lecture of 31 December 1922*

2 • The etheric body as source of the developmental forces

Dear Friends of Anthroposophic Medicine,

A particularly warm invitation to this year's annual conference:

We intend to work on a subject which belongs to the central assignments Rudolf Steiner gave to the physicians to take away with them: understanding the task of the substances in the world.

It is the substances in nature, the cosmos and human beings to whose selfless service all beings owe their existence on earth. They are, furthermore, the bearers of the transformative and developmental impulses which allow for illness and healing in the various layers of a person's being – at a physical, soul and spiritual level, as well as in the social context of a given destiny.

We intend to examine and work on this mysterious alchemy from many different sides and seek to understand it further in lectures and over 50 specialist and interdisciplinary working groups.

From a social perspective this annual conference marks the conclusion of Michaela Glöckler's work as head of the Section and the transfer of responsibility to Matthias Girke and his deputy Georg Soldner.

We look forward to seeing you!

Matthias Girke, Michaela Glöckler and Georg Soldner

On behalf of the collegium of the International Coordination of Anthroposophic Medicine/IKAM:

Andreas Arendt, Roland Bersdorf, Laura Borghi, Marion Debus, Ad and Henriette Dekkers, René de Winter, Jan Feldmann, Tanja Geib, Stefan Geider, Rüdiger Grimm, Rolf Heine, Christina Hinderlich, Hartmut Horn, Andreas Jäschke, Angelika Jaschke, Kirstin Kaiser, Helmut Kiene, Manfred Kohlhase, Petra Kühne, David Martin, Elma Pressel, Sabine Ringer, Alexander Schadow, Ellen Schneider, Stefan Schmidt-Troschke, Heike Sommer, Anna Sophia Werthmann

Working groups A

Friday and Saturday, 11.15–12.45 and 15.00–16.30 Sunday, 09.00–10.30 The five units of each working group build on one another

Substance transformation and therapeutic processes

1. Agriculture and medicine in dialogue: Chaos – the moment of emergence. Chaos is more than disorder – seeking the traces in human beings and nature. "In the beginning the world was without form and void" - Rudolf Steiner refers to these words in his lecture of 19 October 1907 and elaborates that chaos was at work not only in the beginning of world development but that it continues and is still present today. Chaos is a completely open state on earth, it allows for the touch of the spiritual world and thus the emergence something uniquely new – and is thus of importance in every process of transformation. *Christian Butscher, managing director of the Demeter Association Switzerland, Liestal, CH; Dr med. Christoph Schulthess, physician, Dornach, CH; Dr med. Fernanda Vilàghy, physician, Muttenz, CH; Anne Brück, family physician, Sissach, CH* (German)

2. TRIA PRINCIPIA – alchemy as a world principle. Mercurius in nature, biography and the spiritual world. With Introducing Anthroposophical Medicine, GA 312, Rudolf Steiner opens up a new approach to alchemy. The plant displays the secret. Goethe, having passed through biographical metamorphoses, reveals it. Mercury acts through the spirits of movement as evolutionary principle and in cultural evolution as the Christ principle. How does it act in the processes of biography, how in the substance processes of the sacraments? Dr rer. nat. Volker Harlan, priest, lecturer in Goethean natural science, Bochum, DE (German)

3. The forces of the zodiac in therapy and nursing. The forces of the zodiac shape the physical body during the embryonic period. How can we

work consciously with these forces? How does awareness for collaboration in the therapeutic community arise? Using examples of the action of the zodiac (senses, world views, eurythmy, colours, musical scales, nursing gestures), we will work on ways of concrete implementation. *Rolf Heine, nurse, Filderstadt, DE; Christiane Wigand, eurythmist, eurythmy therapist, Cape Town, ZA* (German, English)

4. The invisible human being in us – studies and exercises. Knowing about the action of the invisible human being in us through the ego streams, we can come to a deeper diagnosis of the human constitutional elements. An explanation based on the anthroposophical understanding of the human being and various perception exercises will help us to do so. *Dr med. Kathrin Studer-Senn, physician, Says, CH* (German, Russian)

5. Understanding and treating common skin diseases. We intend to take the step from the presentation of skin disease to the diagnosis of the human constitutional elements in order on that basis to develop a treatment plan. We will discuss atopic dermatitis, plaque psoriasis, urticaria and acne among other things. *Dr med. Lüder Jachens, dermatologist, Riga, LV* (German)

6. In the service of life – transformation processes in the sphere of substances, human destiny and in spiritual schooling. How can we overcome the body-soul dualism? How do physical and psychological treatment approaches permeate and supplement one another? How does the I create tools for itself in body and soul? Using the somatoform disorders as an example, we will develop approaches in the anthroposophical understanding of the human being and in therapy. *Dr med. Wolfgang Rißmann, psychiatrist, Hamburg, DE; Dr med. Michaele Quetz, specialist for internal medicine, psychosomatic medicine and psychotherapy, Berlin, DE* (German, English)

7. The practice of potentisation. In the 5 work units we will present the different potentisation procedures as they are undertaken in the anthroposophical manufacturing laboratories. Participants will have the

opportunity to potentise for themselves. *Markus Giesder, supervisor* pharmaceutical production, Bad Boll/Eckwälden, DE; Helga von der Lohe, pharmaceutical technical assistant, Schwäbisch Gmünd, DE (German)

8. The seven life processes: diagnostic and therapeutic importance.

Rudolf Steiner's physiological concept of the so-called seven life processes has so far primarily been worked on and applied in a social and educational context. In this seminar, the concept is applied to the physiology of the human organism. In doing so, the diagnostic and therapeutic power of this concept is illuminated. *Dr med. Martin-Günther Sterner, specialist for internal medicine, gastroenterologist, general practitioner, Berlin, DE* (German, English)

9. Exercises in everyday life – everyday life as exercise. At the breakfast table – in front of the patient room – before therapeutic treatment – physical examination – team meeting – in a quiet minute during the evening. How can I structure my everyday life as a training ground? How does my everyday life change as a result? We look forward to a conversation about training, meditation and health and will bring along impulses in this regard. *Anna Sophia Werthmann, physician, Heidenheim, DE; Aglaja Graf, eurythmy therapist, Deckenpfronn, DE; Olaf Dickreiter, nurse, Filderstadt, DE* (German, English, Spanish)

10. The image of the human being and medical systems. What links Anthroposophic Medicine with Chinese and Ayurvedic medicine? We aim to develop the common aspects of Ayurveda, Chinese and Anthroposophic medicine through a comparison of these medical systems. After all, we are always dealing with one and the same human being struggling for their physical, mental and spiritual health. We hope to obtain a deeper understanding of the human constitutional elements, the ethers, the elements and the world of substances.

Dr med. Michaela Glöckler, head of the Medical Section, Dornach, CH; Aban Bana, Waldorf teacher, eurythmist, Mumbai, IN; Dr med. Jerry Ku, physician, Carmichael, CA and TW; (Chinese, German, English) **11. Substance knowledge – substance transformation.** Starting with phenomenological observations obtained from demonstrations, we intend to approach the essence of various substances, some metals in particular, and on that basis look at some specific pharmaceutical processes used for the manufacture of medicines. *Albert Schmidli, pharmacist, Pleigne, CH* (German, English)

12. Stimulating transformation processes in the physical body through movement. From the perspective of practice, the anthroposophical understanding of the human being and research (IAABT).

Five thematic units:

1. Experiencing movement: archetypal forms for healing with Spacial Dynamics:

2. The three spatial levels and crossing as I process

3. The transformative power of Bothmer Gymnastics

4. Joint reflection on 1-3, with introduction

5. Research questions developed out of what has been experienced See also www.iaabt-medsektion.net, contact: Sabine Nagel.

Representative of various specialist areas in the International Association for Anthroposophic Body Therapy (German, English, Dutch, Russian)

13. Chirophonetics: Rudolf Steiner's anthropology as the basis for the chirophonetic treatment method (IAABT). Sounds and rhythms of human language are transferred to the patient's body through sound who is thus stimulated to inner involvement. Cases of acute and chronic diseases as well as karmic/biographical situations will be discussed and their practical treatment brought to experience. *Dr med. Mauro Menuzzi, physician, Lisbon, PT; Elisabeth Correa, teacher, special needs teacher, Helmonsödt, AT* (German, English, Spanish)

14. Prevention of chronic diseases: a cultural task for AnthroposophicMedicine. Cardiovascular, metabolic, respiratory and oncological diseases

as well as psychiatric disorders have increased worldwide. Together with participants we will take stock of the current situation and together work on the way that Anthroposophic Medicine can become preventively active in a systemically innovative and broadly-based way. *Dr med. Stefan Schmidt-Troschke, physician, Berlin, DE; Dr med. Christoph Meinecke, physician Berlin, DE; Kirsten Schreiber, dipl. social education worker, Berlin, DE* ((German, English)

15. Transformation processes of the etheric body in the pathology and treatment of self-alienation and fragmentation. Processes of selfalienation and fragmentation represent great interdisciplinary challenges. We will examine them from a Michaelic and Raphaelic perspective and, starting from the consciousness soul, describe and explain the path of a team through our study of the qualities of spirit-self and life spirit in their healing power. *Dr phil. Henriette Dekkers-Appel, psychological psychotherapist, international IKAM coordinator for psychotherapy, Haarlem, NL; Dr med. Hartmut Horn, paediatrician, children and family psychotherapist, Aichtal-Neuenhaus, DE; Ad Dekkers, psychological psychotherapist, Bilthoven, NL* (German, English, Dutch)

16. Transformative processes of substances in the metabolic system from the perspective of eurythmy therapy exercises. In our working group we will look at the transformation of nutritional substance in the digestive process and the subsequent processes in the metabolic system from the perspective of the activity of the human constitutional elements. We will focus particularly on eurythmy therapy. *Dr med. Andreas Goyert, specialist for internal medicine, Filderstadt, DE; Pirkko Ollilainen, eurythmy therapist, Filderstadt, DE* (German)

17. Female and male menopause – transformations. The changes and disorders of the female menopause can be very well supported with the anthroposophical medicinal and artistic therapies. We have a great diversity available to us which we will examine in an exchange of experiences. We are investigating uncharted territory in identifying and

treating the male menopause. *Dr med. Angela Kuck, gynaecologist, Richterswil, CH; Dr med. Barbara Dillner, gynaecologist, Richterswil, CH; Dr med. Peter Zimmermann, gynaecologist, Nastola, FI* (German, English, Portuguese)

18. Avoiding antibiotic resistance – therapeutic possibilities in acute and recurrent inflammation in paediatrics. Acute inflammation of the airways, the skin, the gastrointestinal tract and urinary tract frequently accompany child development. We will work on therapeutic possibilities together based on an understanding of the disorder. *Dr med. Christine Saahs, specialist in child and adolescent medicine, Krems, AT; Georg Soldner, paediatrician, Munich, DE* (German)

19. Interprofessional therapeutic challenges in palliative medicine.

Against the background of physical, mental and spiritual changes in the course of advanced cancer, we will work on external treatments and anthroposophical medicines as well as spiritual aspects from a nursing and medical perspective. Group work will be equally divided between an exchange of views on content and the practical application of external treatments. *Dr med. Marion Debus, physician (haematology/oncology), Berlin, DE; Britta Wilde, nurse, Berlin, DE; Viola Heckel MA, music therapist, Arlesheim, CH; Kirstin Kaiser, therapeutic speech practitioner, Arlesheim, CH* (German, English)

20. The respiratory organisation as a source of health and our understanding of its insulting factors. How do we understand insulting influences on the respiratory process in human beings through fine dust, smoking and mental overload and how do we learn to grasp health-giving forces to heal the human being and the social order? From the perspective of human physiology, healthy lungs mean being able to relate connections between various functions of the organism to one another. *Dr Christian Grah, specialist for internal medicine and pulmonology, Berlin, DE; Dr Eva Streit, specialist for internal medicine and pulmonology, Arlesheim, CH* (German, English) 21. Immune system and autoimmunity. Action of the human constitutional elements, organ manifestations and therapeutic concepts. Dr med. Matthias Girke, specialist for internal medicine, Berlin, DE; (German)

22. Dentosophy and therapeutic speech – interdisciplinarity in progress.

Obtaining holistic human equilibrium from cultivating the spoken word and oral hygiene. Harmonious diastema closure, physiologically correct swallowing, conscious control of breathing and speaking as well as the correct use of the "activator" signify a modern path of self-knowledge which supports the free will and assumption of personal responsibility and thus can lead to the transformation and strengthening of the I. *Enrica Dal Zio, speech practitioner/artist, Bologna, IT; Dr med. Alessandro Calzolari, psychiatrist, Trento, IT; plus the following dentists and dentosophists: Dr med. Silvana Santoro, Modena, IT; Dr med. Luca Bastianello, Padova, IT; Dr med. Alessandro D'Angelo, Rome, IT; Dr med. Michel Montaud, Albeuve, CH* (English, French, Italian)

23. Rudolf Steiner's Rubicon concept and its empirical verifiability. We invite you to our research workshop in which we will study the changes in children in middle childhood from the perspective of Rudolf Steiner, the parents, developmental psychology, physiology, the school physician, the children in their drawings and anthropology. We will present initial research results and various methods of approaching the subject. *Dr phil. Bettina Berger, cultural studies researcher, Herdecke, DE; Prof. Dr med. David Martin, specialist for child and adolescent medicine, paediatric endocrinology and diabetes, Filderstadt, DE; Dr med. Silke Black, school physician, Cologne, DE; Till Flury, physician, Weichs, DE* (German, English)

24. Anthroposophical pulse diagnosis in dialogue with Chinese pulse diagnosis (for physicians, veterinary physicians and non-medical practitioners). Presentation of the foundations of an anthroposophical pulse diagnosis being developed on the basis of Chinese pulse diagnosis and using the same pulse positions. Here the heart is our sense organ.

Pulse diagnosis can be used on all beings possessing an etheric body. Facets of disease in communities living together, also across species, can be identified. *Dr vet. Markus Steiner, veterinary physician, Dischingen, DE; Are Thoresen, human therapist, veterinary physician, Sandefjord, NO* (German)

25. External treatments for acute and recurrent urinary tract infections.

Treatments and therapeutic experiences with the chamomile steam sitz bath and specific wraps and compresses, such as the pelvic floor bladder wrap. Ursi Soldner, nurse, Gröbenzell, DE; Sharon Klauber, nurse, Zöschingen, DE (German)

26. Autism and autism spectrum disorders. Physicians and therapists have become very aware of autistic disorders. We intend to give an overview of symptoms, diagnosis and therapy and enter into conversation with participants about additional diagnostic and therapeutic measures as well as touching on possible spiritual perspectives. *Dr med. Arne Schmidt, specialist for child and adolescent psychiatry, Herdecke, DE; Nathalie Schmidt MSc, Master of Sciences in special needs education, Aberdeen, UK* (German, English)

27. Case reports in Anthroposophic Medicine. Introduction to the methodology of preparing clinical single case reports in Anthroposophic Medicine. *Dr med. Gunver Kienle, physician, scientist, Freiburg, DE;* (German, English)

Thursday, 15 September

School of Spiritual Science study meeting

For School of Spiritual Science members from 14 Sept., 20.00 – 15 Sept., 12.30

15.00–16.30 Welcome

Lectures

Doctors without Borders – Where are we today with our work? *Tankred Stöbe*

Ita Wegman's work for the esoteric deepening of medicine *Peter Selg*

16.30-17.00 Coffee break

17.00–18.30 **70th birthday of Michaela Glöckler** Good wishes from all over the world Foundation Stone Meditation in Sanskrit *Aban Bana* Moderators: *David Martin, Peter Zimmermann*

18.30–20.00 Evening break

20.00–21.30 **Piano recital** Beethoven's last piano sonatas *Hristo Kazakov* Introduction: *Georg Glöckler*

Friday, 16 September

08.00–08.40 **Tune in to the day** Choir, speech, eurythmy, meditation *or*

2nd Class Lesson For School of Spiritual Science members

09.00–10.30 Lecture From diagnosis of the human constitutional elements to therapy *Matthias Girke*

10.30–11.15 Coffee break

11.15–12.45 Working groups A (5 units)

12.45–15.00 Lunch break

15.00–16.30 Working groups A (5 units)

16.30–17.00 **Coffee break**

17.00–18.30 Working groups B (2 units) Professional groups

18.30–20.00 Evening break

20.00–21.30 Lectures Managing and developing relationships *Rüdiger Grimm*

Transforming the earth through agriculture *Ueli Hurter*

Chinese Eurythmy

Saturday, 17 September

08.00–08.40 **Tune in to the day** Choir, speech, eurythmy, meditation *or*

6th Class Lesson For School of Spiritual Science members

09.00–10.30 **Lecture** Substance transformation in the pharmaceutical process *Georg Soldner, Wolfram Engel*

10.30–11.15 Coffee break

11.15–12.45 Working groups A (5 units)

12.45–15.00 Lunch break

15.00–16.30 Working groups A (5 units)

16.30–17.00 Coffee break

17.00–18.30 Working groups B (2 units) Professional groups

18.30–20.00 Evening break

20.00-21.30

Lecture

The metamorphosis of growth forces into thinking forces. The interaction of Michael and Raphael in human development *Michaela Glöckler*

Chinese Eurythmy

Sunday, 18 September

08.00–08.40 **Tune in to the day** Choir, speech, eurythmy, meditation *or* **18th Class Lesson**

For School of Spiritual Science members

09.00–10.30 Working groups A (5 units)

10.30–11.15 Coffee break

11.15–13.00 **Trio** Georg Soldner (piano) Matthias Girke (violin) Michaela Glöckler (cello)

Introductory contributions Future perspectives of Anthroposophic Medicine Georg Soldner, Matthias Girke, Michaela Glöckler

Foundation Stone Meditation

Recitation: Ursula Ostermai

Posters presentations on research in Anthroposophic Medicine accompany you for the whole of the conference in the Schreinereisaal.

Subject to change!

28. What do refugees in crisis areas need? How can individual help be extended to cover the hardship of many people in need? The goal of the working group is to illustrate from various perspectives how aid can be given to uprooted people and examine and discuss both medical and psychological aspects of such support. Dr med. Tankred Stöbe, specialist for emergency medicine and internal medicine, Berlin, DE; Rita Eckart, art therapist, Munich, DE; Myrtha Faltin, eurythmy therapist, Gröbenzell, DE (German, English)

29. Assessment in healing trauma – focused on children and parents.

Trauma and vulnerability – how to develop and strengthen resilience – how to deal with own reactions as therapist – theories and practical exercises. *Anne Daniel-Karlsen MD, child psychiatrist, Elva, EE; Anette Bender MD, specialist in general medicine, Oslo, NO* (German, English)

30. Spiritual qualities and virtues. Developing experience in supporting patients through Anthroposophic Medicine, biography work and art therapy to give them the possibility of recognising spiritual qualities and virtues in themselves and finding the impulse to transform them. Understanding how it affects the process of the inner path of the physician. *Luz Myriam Trivino MD, sculpture therapist, Cali, CO* (Spanish)

31. Social competence, social art, social technique – the structural principles of social organisation. Achievement arises through collaboration. Social skills are increasingly in demand today for successful collaboration. Themes of the WG: Principles of structuring healthy organisational development. Leadership through dialogue. Appropriate contemporary forms of communication. Questions from participants. *Uwe Urbschat, head of culture & identity, Weleda , Schwäbisch Gmünd, DE; Dr med. Jürgen, Schürholz, physician, Filderstadt, DE* (German)

32. The biographical development of human beings and its dynamic transformation processes. The following subjects will be discussed:

- The laws of biography as a therapeutic instrument for life crises, individual crises, trauma and psychoses.
- Psychosomatic illness in the biography. The organic understanding of the biographical development of the human being.
- Psyche and cancer as illness of our time. Pathogenic and salutogenic process in the precancerous environment.

Dr med. Miguel M. Falero del Pozo, physician, Madrid, ES; Dipl. Psychologist Silvia Angel, psycho-oncologist, Barcelona, ES; Dr med. Carmen Flores, physician, Zaragoza, ES (Spanish)

33. Health-giving organisational structures for medical and nursing

establishments. Rigid thinking and rigid structures are obstacles to productive collaboration – and make us ill! In this WG we will develop concrete processes and instruments for life-filled and health-giving collaboration in hospitals, homes and practices against the background of zodiacal and planetary forces. This creates the basis for individualised quality development. *Dr Gerhard Herz, certified (dipl.) teacher, consultant and auditor, Gröbenzell, DE; Sabine Ringer, director of Haus Morgenstern, Internat. Coordination of Age Culture, Stuttgart, DE* (German)

Working groups B (2 units)

Friday and Saturday, 17–18.30 The two units of each working group build on one another

34. External treatments in the early period of anthroposophical nursing and

today. This working group will look at the results of a study on the external treatments in the early years of the Clinical and Therapeutic Institute (today Klinik Arlesheim AG). We will investigate the question as to which treatments were used in earlier times and what has changed in relation to today. This work can give impulses for the use of rhythmical Einreibungen as well as wraps and compresses. *Christoph von Dach, MSc in palliative care, clinical nursing researcher, Zürich, CH; Sasha Gloor, nurse HF, expert in anthroposophical nursing IFAP, expert in rhythmical Einreibung, phytotherapy, <i>Münchenstein, CH* (German, English, Japanese)

35. Four case histories of patients who experienced spiritual transformations with near death experiences or illnesses. A 74 Y/O

terminally ill female did not respond to Bortezomib, but went into remission after 26 days of Iscador therapy. A 22 Y/O female experienced a near death accident and entered a tunnel of light. A 32-year-old female after an anaesthesia accident had an out of body experience. A 38 Y/O male had a St Paul-like experience. These spiritual events that transformed their lives will be discussed. *Basil Williams, doctor of osteopathy, MD, internal medicine, infectious disease, writer, spiritual researcher, Ghent (NY), USA (*English, Italian)

36. Marie Ritter's photodynamic medicines. Marie Ritter produced the first medicines as used in Anthroposophic Medicine herself. What happens in this transformation? How do they help? *Jan Ziolkowski, pharmacist, Schwäbisch Gmünd, DE* (German, English)

37. Transformation processes in metal colour light therapy. Who is it who actually helps us in our transformations? Own observations using metal colour light glass. Artistic processing of the experiences and discussion. Examples of moments of transformation within some therapy progressions. On Saturday, 17 September, everyone who wishes to do so can visit the studio in Schwörstadt/DE during the lunch break. *Friedlinde Meier, metal colour light therapist, eurythmy therapist, Schwörstadt, DE* (German, English, Spanish)

38. Introduction to magnet therapy according to Rudolf Steiner.

Introduction to the fundamentals and practical application based on Rudolf Steiner's Anthroposophical Spiritual Science and Medical Therapy (lectures 3 and 4, GA 313). For doctors. Dr med. Christoph Wirz, general practitioner, St. Gallen, CH; (English)

39. Transformation and equilibrium through singing therapy. Starting from cardiac and oncological clinical pictures, we will study through singing practice and in conversation the processes which can be called up through singing (as developed by Valborg Werbeck-Svärdström) for physical and mental recovery. *Thomas Adam, singer, singing therapist, Bochum, DE; Dr med. Erich Skala, physician, Freiburg, DE* (German, French)

Professional groups

Friday and Saturday, 17.00–18.30 Professional group and working meetings

40. Going through the phenomenology of the encounter. Psychotherapy based on Goethean observation. Working with the encounter elevates our consciousness. The healing Raphaelic forces are present during and after the observation of the encounter. They transform our vision of what has happened to us. Giving us deep insight, different and healing perspective, revealing to us a positive learning process in our destiny so that we could decide and act in a more conscious way. *Eleonora Natalia Eliasz-Ladosz, anthroposophical psychologist, psychotherapist, Madrid, ES; Dr C.M. Chantal Toporow PhD, consultant: engineering, science, education, nature, Redondo Beach, USA (English, Spanish)*

41. International Research Council. All members of the International Research Council of the Medical Section are invited to their annual meeting. *Dr med. Helmut Kiene, physician, scientist, Freiburg, DE* (German, English)

42. Working group of the lecturers of the Teach the Teacher modules 2014-2016. Review of the 2016 module and discussion on the perspectives for the training impulse in the coming years. Closed working group of the TTT lecturer team. *Dr med. Henrik Szöke, physician, Budapest, HU; Dr med. Jan Feldmann, physician, Berlin, DE; Angelika Stieber, eurythmy therapist, Liestal BL, CH* (German, English)

43. Tasks of the IVAA: Why political lobbying in the EU? Introduction to the existing problems in EU law and health policy relating to anthroposophical medicines and therapies. What is the structure of the relevant EU institutions and how do they work? With which alliance partners is the IVAA cooperating in Brussels? How can the statutory hurdles for AM be gradually overcome? The importance of the PAME project. *Dr rer. nat. Andreas Biesantz, head of office IVAA, Brussels, DE; Dr med. Laura Borghi, physician, Milan, IT* (German, English, Italian)

44. The image of Anthroposophic Medicine in the public sphere. What does the current image of AM require in order to continue to develop its cultural impulse coherently in the public sphere? *Heike Sommer MA, International Coordination Press and Public Relations Work, Medical Section, Dornach, CH; Theo Stepp, head of Corporate Communications Weleda Group, Schwäbisch Gmünd, in Germany; Simon Bednarek MD, medical practitioner, North Perth, AU; Alicia Landman MD, medical practitioner, Moab, US (German, English)*

45. Public meeting of the editorial team of the "Vade Mecum External Applications in Anthroposophic Nursing". Joint exchange of views about goals, working method, draft designs for the website (see www.vademecum.care). *Bernhard Deckers, nurse, Filderklinik, Filderstadt, DE (*German)

46. Exercise stages and transformation processes regarding the physiology of physical development and sound formation in eurythmy therapy. Looking back to the World Eurythmy Therapy Conference in May 2016 and proceeding from the tasks outlined in the ninth lecture for physicians and seventh lecture for eurythmy therapists (GA 313/315), the lecturer would like to make the time allotted to the professional group available for working hypotheses which participants have brought along, exercise suggestions, the exchange of views and discussion. This can include a look ahead to the eurythmy therapy anniversary year in 2021. *Ellen Schneider, MA in eurythmy therapy, Münster, DE* (German, English)

47. IAABT – International Association for Anthroposophic Body Therapy: general meeting of members/physiotherapy meeting. Friday: IAABT ordinary general meeting of members – by invitation guests who are interested in the work of the IAABT are warmly welcome. Saturday:

Meeting of the professional group for physiotherapists – a warm invitation to everyone interested. Other professional groups from the field of body therapy can also organise themselves here – please contact me in advance: elma.pressel@t-online.de. *Elma Pressel, non-medical practitioner, trainer in massage as developed by Dr med. Simeon Pressel, Stuttgart, DE;* (German, English) **48. IAAP annual general meeting.** The international umbrella association for pharmacists (IAAP) invites everyone who is interested and the members of the national pharmaceutical associations to the 2016 ordinary annual general meeting. Dr rer. nat. Manfred Kohlhase (president), Dr pharm. Monica Mennet-von Eiff (treasurer). Only on Saturday 17.09.2015, 17.00–18.30). *Dr rer. nat. Manfred Kohlhase, pharmacists, Stuttgart, DE* (German, English)

49. European Federation of Patients' Associations for Anthroposophic Medicine (EFPAM). EFPAM annual general meeting and EFPAM round table (invitation only). *René de Winter MA, president, Leidschendam, NL* (English)

50. Anthromedics project meeting – the specialist portal for Anthroposophic Medicine. Development of phase 2. Collaboration with the specialist groups, questions regarding translation. *Dr med. Matthias Girke, specialist for internal medicine, Berlin, DE;* (German, English)

51. International meeting of specialist groups. Annual exchange of views of the specialist groups on current developments with regard to work on content, further training, recruitment of young talent. Separate invitation to follow, but attendance allowed for all specialists or assistant physicians interested in a specialist training. *Dr med. Marion Debus, physician (haematology/oncology), Berlin, DE* (German, English)

52. International Professional Group for Anthroposophical Non-medical Practice. The path of the non-medical practitioner – destiny, vocation and schooling path. Together we will pursue the question as to the way that destiny, vocation and the meditative schooling path indicated by Rudolf Steiner are at work in the relationship between patient and non-medical practitioner. *Alexander Schadow, non-medical practitioner in psychotherapy, Nienhagen, DE; Michael Voelkel, non-medical practitioner in psychotherapy, Celle, DE* (German)

53. International meeting of psychotherapists on professional training, certification and accreditation. By invitation.

Dr phil. psych. Ad Dekkers, psychologist, psychotherapist, Bilthoven, NL; Dr phil. Henriette Dekkers-Appel, clinical psychologist, Haarlem, NL; Dr med. Hartmut Horn, paediatrician, psychotherapist for children and families, Aichtal-Neuenhaus, DE (English)

Notes			

Registration

Goetheanum Empfang Postfach, 4143 Dornach 1, Switzerland Tel. +41 (0)61 706 44 44, fax +41 (0)61 706 44 46 tickets@goetheanum.org

Translation

The plenary events will be simultaneously interpreted into Chinese, English, French, Italian, Japanese, Russian and Spanish. Anyone who wants translation into their language other than the languages shown is kindly requested to bring a translator with them from their country. We are happy to offer this "translation participant" a complimentary ticket (requests until August 31 to: tagungen@medsektiongoetheanum.ch).

Poster registration

Please send your research results as a structured, one-page abstract: question, material and methods, results, conclusions (in accordance with author guidelines http://bit.ly/1msnKf9) by 1 August 2016 to Daniel Krüerke, Klinik Arlesheim, Research Department, Arlesheim, Switzerland. Poster format: 118 x 84 cm. Email: Daniel.Krueerke@klinik-arlesheim.ch. The abstracts of the accepted contributions will appear in time for the conference as a small collected volume and be published in *Der Merkurstab* under "Science and research reports".

Donations (NOT to be used for remittance of the conference fee) We are grateful to everyone who contributes with their donation to helping compensate for the price reductions and contributions to travel costs.

Bank details CH: Allg. Anthr. Ges., Med. Sektion, IBAN CH53 8093 9000 0010 0605 6 – BIC: RAIFCH22. Purpose: JK 2016

Bank details DE and international: Med. Sektion, Förderstiftung AM, IBAN DE92 6839 0000 0000 9707 60 – BIC: VOLODE66. Purpose: JK 2016

www.medsektion-goetheanum.org

Booking Form

The etheric body as source of the developmental forces

A Conference of the Medical Section at the Goetheanum from Thursday, 15 to Sunday, 18 September 2016 Booking closes: Thursday, 1 September 2016

Please complete the booking form and mail, fax or email to:

Goetheanum Empfang, Postfach, CH-4143 Dornach

Fax + 41 61 706 4446, Tel. + 41 61 706 4444 email tickets@goetheanum.org

Please fill out in block capitals!

Ms Mr Name, first name	
Billing address private address address of institution	
Name of institution	
Street, nº	
Town	
Postcode	
Country	
Phone/fax	
Email	
Occupation	
I need translation into English French Spanish Italian Russ	sian 🗌 Japanese 🗌 Chinese
Conference ticket without meals	
CHF 260 regular price CHF 180 with concessions ¹ CHF 90 studen	ts ² 500 with sponsorship ³
Conference ticket with meals (2x lunch, 3x evening meal)	
CHF 385 regular price CHF 305 with concessions ¹ CHF 215 studer	nts ² 625 with sponsorship ³
Breakfast (3x)	
Working Group A 1 st choice, n° 2 nd choice ⁴ , n°	3 rd choice ⁴ , n ^o
Working Group B or Professional group 1st choice, nº 2nd choice 4, nº	3 rd choice ⁴ , n ^o
Group accommodation (mattresses on the floor. Please bring a sleeping bag, a pillow CHF 30 (3 nights from 15 to 18 September 2016) CHF 40 (4 nights from	
Parking at the Goetheanum Parking permit: CHF 21	
Insurance Cancellation insurance (5% of the total costs, CHF 10 minimum) See cancellation conditions in the General Information	
Payment methods on invoice (only Switzerland and Euro zone) Credit card (all countries) Visa MasterCard Card number: ///	/
I would like to receive the biannual programme of Goetheanum events (in Ge	erman).
I agree to the terms of payment and cancellation.	

Place, date, signature

Terms and Conditions will be sent on request or can be accessed online at www.goetheanum.org/6025.html.

¹ For OAPs, the unemployed and people with disabilities who receive benefits. Proof of status has to be submitted with the booking form.

 ² For students, schoolchildren, those in training, military or civil service. Proof of status has to be submitted with the booking form.
³ Should you be in a position to pay an additional amount, this would help to cover the costs of the conference and support

[&]quot;Should you be in a position to pay an additional amount, this would help to cover the costs of the conference and support the work of the section.

⁴ When registering, your first choice is no longer open, is cancelled or will be cancelled, your second and third choice will be taken into account. If your first, second or third choice is full, we will try to contact you. Please look for updated information at the start of the conference.

General Information

The etheric body as source of the developmental forces

A Conference of the Medical Section at the Goetheanum from Thursday, 15 to Sunday, 18 September 2016 Booking closes: Thursday, 1 September 2016

0	· ·		
Conference fees:	Regular price:	CHF 260	with meals: 385 CHF
	Concessions ¹ :	CHF 180	with meals: 305 CHF
	Students ² :	CHF 90	with meals: 215 CHF
	With sponsorship ³ :	CHF 500	with meals: 625 CHF

Conference meals

Conference meals (vegetarian with dessert) include 2x lunch and 3x evening meal at CHF 125 in total. Breakfast (3x) can be booked separately at CHF 45. The other meals cannot be booked separately. We regret that food intolerances cannot be catered for.

Group accommodation

(Booking possibility on the booking form, further information: www.goetheanum.org/6644.html) Accommodation with mattrasses on the floor: 3 nights from 15 to 18 September 2016 (CHF 30) or 4 nights from 14 to 18 September 2016 (CHF 40). Please bring a sleeping bag as well as a pillow and a sheet; limited places.

Parking permit

for the period of the conference: CHF 21 (not right next to the Goetheanum building) If you have a disability, please display your disability badge in your car.

Methods of payment/confirmation

On receipt of a group application, the respective institution will receive the account for the group. Subsequent bookings can only be applied for and paid on an individual basis.

Credit cards (all countries): The full amount will be charged to your credit card as soon as your booking has been processed. You will receive postal or email confirmation of your booking and payment.

Invoice Switzerland: Confirmation of booking and an invoice will be sent to you once your booking has been processed. Please note that we only send out invoices up until 10 days before the beginning of an event. After that, payment is only possible by credit card or on arrival.

Invoice Eurozone: Confirmation of booking and an invoice will be sent to you once your booking has been processed (Euro account). Please note that we only send out invoices up until 14 days before the beginning of an event. After that, payment is only possible by credit card or on arrival.

Other countries: Once your booking has been processed you will receive a confirmation by post or email. The amount due will either be charged to your credit card or you can pay on arrival. Bank transfers are not possible.

Please note that the conference fee must be paid before the conference starts.

Conference tickets: Tickets can be collected at Reception until half an hour before the conference starts, also if you pay on arrival. We accept cash (Euro and CHF), VISA, MasterCard, ec-direct and Postcard-Schweiz.

Cancellation: Bookings may be cancelled free of charge up to 14 days prior to the begin of the conference (1.9.2016, date of posting). After that, 50% of the conference fee will be charged. Meals, breakfast, parking permit and group accommodation may be cancelled free of charge up to 1 day prior to the begin of the conference (14.9.2016). Cancellation on the day when the conference begins or failure to attend are subject to a 100% invoice total. Substitutes will be accepted at no extra cost.

Cancellation insurance: Subject to a payment of 5% of total costs (CHF 10 minimum) full cancellation insurance can be taken out to cover illness (including dependent children and partner), job loss and force majeure. Please ask for our terms of insurance or visit www.goetheanum.org/6053.html.

Data processing: All data will be electronically recorded and filed.

Guest Houses and Goetheanum Accommodation				
Accommodation bureau	rooms from CHF 50			
	phone +41 61 706 44 45, zimmer@goetheanum.ch from CHF 75, about 5 min. walk to the Goetheanum			
Haus Friedwart	from CHF 75, about 5 min. walk to the Goetheanum			
	phone +41 61 706 42 82, www.friedwart.ch from CHF 30, about 10 min. walk to the Goetheanum			
Begegnungszentrum	from CHF 30, about 10 min. walk to the Goetheanum			
	phone +41 61 706 42 82, friedwart@goetheanum.ch			
Prices are per person per night. Prices for accommodation cannot be guaranteed				

Prices are per person per night. Prices for accommodation cannot be guaranteed. You can find further accommodations on our website: www.goetheanum.org/4283.html